

Sway With Me

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Gordon Elliott (AUS) & Helen Ng (AUS) - June 2021
音乐: Sway - Dan + Shay : (Album: Obsessed)



Original Position: Feet Together Weight On The Left Foot.

BEATS STEPS: This dance is done in TWO directions. Introduction : 16 Beats.

FORWARD, ROCK, 1 & 1/2 TRIPLE BACK, PADDLE TURN, SHUFFLE ACROSS

1, 2 Step R Forward, Rock Back Onto L,
3 & 4 Travel Back Turning 540° Right Triple Step : R-L-R, (6.00)
5, 6 Paddle : Step L Forward, Turn 90° Right Take Weight Onto R, (9.00)
7 & 8 Shuffle Left Across In Front Of Right Step : L-R-L. (9.00)

SCISSOR STEP-1/4 TOGETHER-BACK, ROCK, 1/2 TURN SHUFFLE, SIDE SHUFFLE

1 & 2 Step R To The Side, Step L Together, Step R Across In Front Of Left,
& 3, 4 Turn 90° Right Step L Together, Step R Back, Rock Forward Onto L, (12.00)
5 & 6 Turn 180° Left Shuffle Back Step : R-L-R, (6.00)
7 & 8 ## Side Shuffle To The Left Step : L-R-L. (6.00)

ACROSS, ROCK, FULL TRIPLE RIGHT, ACROSS, ROCK, 1 & 1/4 TRIPLE LEFT

1, 2 Step R Across In Front Of Left, Rock Onto L,
3 & 4 Travel Right Turning 360° Right Triple Step : R-L-R, (6.00)
5, 6 Step L Across In Front Of Right, Rock Onto R,
7 & 8 Travel Left Turning 450° Left Triple Step : L-R-L. (3.00)

PIVOT TURN, 1/2 BACK-LOCK-BACK, SWEEP, SWEEP, COASTER CROSS

1, 2 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (9.00)
3 & Turn 180° Left Step R Back, Lock L Across In Front Of Right,
4 Step R Back, (3.00)
5, 6 Sweep To Step L Back, Sweep To Step R Back,
7 & 8 Step L Back, Step R Together, Step L Across In Front Of Right. (3.00)

HIP, HIP, BEHIND-SIDE-ACROSS, HIP, HIP, BEHIND-1/4 FORWARD-FORWARD

1, 2 Step R To The Side Push Hips Right, Push Hips Left,
3 & 4 Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,
5, 6 Step L To The Side Push Hips Left, Push Hips Right,
7 & 8 Step L Behind Right, Turn 90° Right Step R Forward, Step L Forward. (6.00)

FORWARD, ROCK & FORWARD, ROCK & TOUCH, 1/2 TWIST, 1/2 TWIST, 1/2 TWIST

1, 2 & Step R Forward, Rock Back Onto L, Step R Together,
3, 4 & Step L Forward, Rock Back Onto R, Step L Together,
5, 6 Touch R Toe Back, Turn 180° Right Take Weight Onto R, (12.00)
7 Twist 180° Left Take Weight Onto L, (6.00)
8 Twist 180° Right Take Weight Onto R. (12.00)

CROSS SAMBA, CROSS SAMBA, SAILOR STEP, BEHIND, 1/2 UNWIND

1 & 2 Step L Across In Front Of Right, Side Rock Onto R, Step L To The Side,
3 & 4 Step R Across In Front Of Left, Side Rock Onto L, Step R To The Side,
5 & 6 Sailor : Step L Behind Right, Step R To The Side, Step L To The Side,
7, 8 Touch R Toe Behind Left, Turn 180° Right Take Weight Onto R. (6.00)

VAUDEVILLE & VAUDEVILLE & FORWARD, ROCK, COASTER STEP

1 & Step L Across In Front Of Right, Step R To The Side,
2 & Touch L Heel Forward, Step L Back,
3 & Step R Across In Front Of Left, Step L To The Side,
4 & Touch R Heel Forward, Step R Back,
5, 6 Step L Forward, Rock Back Onto R,
7 & 8 ** Coaster : Step L Back, Step R Together, Step L Forward. (6.00)

[64] REPEAT DANCE IN NEW DIRECTION

TAG : At the END (**) of WALL 1 (6.00) & WALL 3 (6.00) ADD the following tag

1, 2, 3, 4 Step R Forward, Rock Back Onto L, Step R Back, Rock Forward Onto L,
5, 6, Step R To The Side Push Hips Right, Push Hips Left,
7, 8 Push Hips Right, Push Hips Left.

RESTART : On WALL 2 dance to BEAT 16 (##) & RESTART facing the FRONT.

Last Update - 21 June 2021

Original Position: Feet Together Weight On The Left Foot.
