My Song

拍数: 32

级数: Beginner

编舞者: Cheryl Levin (USA) - June 2021

音乐: What's Your Country Song - Thomas Rhett: (Amazon.com)



Can also be danced to "Nevermind" - Dennis Lloyd (avl. Amazon.com)

墙数:1

One restart on 3rd wall for "What's Your Country Song"

TWO SCISSOR STEPS, TWO STEPS FORWARD, STEPS OUT, OUT, IN, IN

- 1&2&3&4& R rock to side, recover on L, R cross over L, hold, L rock to side, recover on R, L cross over R, hold
- 5, 6, 7&8& Step forward R, step forward L, step R out to side, step L out to side, step R to center, step L to center

TWO SYNCOPATED VINES

- Vine R, (R foot to side, L behind R, R step out, L cross over R, R step to side) 1, 2, &3, 4
- 5, 6, &7, 8 Vine L, (L foot to side, R behind L, L step out, R cross over L, L step to side)

SHUFFLE FORWARD, ROCK, RECOVER, CROSS (WITH ¼ TURN to R), SYNCOPATED R VINE

- Shuffle forward R, L, R, hold, (while turning ¼ to R) rock out on L, recover on R, cross L over 1&2&3&4& R, hold
- 5, 6, &7, 8 Vine R, (R foot to side, L behind R, R step out, L cross over R, R step to side

TWO SHUFFLES TURNING TOWARD R, BACK AROUND TO THE CENTER, 2 STEPS BACKWARD, STEP **TOGETHER, SWIVEL**

1&2&3&4& While turning to the R, shuffle forward, L, R, L hold, shuffle R, L, R, hold

5, 6, 7, &8 Step back L, step back R, step together, swivel (feet together heels out to right, then left)

Any questions? Email: cplevin@gmail.com

Have fun dancing as we come out of these difficult times! Stay safe!