

# Don't Waste Your Life

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Ansa Bingham (SA) - May 2021  
音乐: Don't Waste Your Life - Danie Botha



## #16 Count Intro - Start dancing on lyrics

### S1: R & L LOCK STEPS (TO THE SLIGHT DIAGONAL)

1-4            R Step to the slight diagonal, lock L behind R, step R fwd, touch L next to R  
5-8            L Step to the slight diagonal, lock R behind L, step L fwd, touch R next to L

### S2: 4X ZIGZAG STEPS BACK WITH TOUCHES AND CLAPS

1-4            Zigzag steps back: Step back on R, touch L next to R. Step back on L, touch R next to L  
5-8            Step back on R, touch L next to R. Step back on L, touch R next to L

### S3: GRAPEVINE RIGHT, GRAPEVINE ¼ LEFT

1-4            Step R to the right, step L slightly behind R, step R to the right, touch L next to R  
5-8            Sep L to the left, step R slightly behind L, make ¼ left stepping on L, brush R

### S4: ROCKING CHAIR, V STEP

1-4            Rock R fwd, recover on L, step back on R, recover on L  
5-8            Step fwd out out on R & L, step back together on R & L

End of dance, start again

No tags or restarts

---