

# Beach Therapy

COPPER KNOB  
STEPPERS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Bonita Malone (USA) - May 2021  
音乐: Beach Ain't One - Drew Baldrige



## #16 count introduction - 1 Tag, 1 Restart

### WEAVE W/POINT SIDE, SAILOR STEP 2X

1,2                      Step R cross frt (1), step L side (2)  
3,4                      Step R cross behind (3), point L side (4)  
5&6                      Step L cross behind (5), step R to R side (&), step L to L side (6)  
7&8                      Step R cross behind (7), step L beside R (&), step R side (8)

### CROSS SHUFFLE, SIDE MAMBO, FRONT MAMBO, ROCK BACK, RECOVER

1&2                      Step L cross frt (1), ball R (&), step L cross frt (2)  
3&4                      Rock R side (3), recover to L (&), step R next to L (4)  
5&6                      Rock L fwd (5), recover on R (&), step L slightly back (6)  
7,8                      Rock back on R (&), recover L (8)

### \*RESTART Here facing 6:00 on Wall 3

### HEEL BALLCHANGE, FWD SHUFFLE, STEP FWD, ¼ PIVOT, R ¼ TURN L SIDE CHASSE'

1&2                      R heel tap fwd (1), R ball (&), step L slightly fwd (2)  
3&4                      Step R fwd (3), step L next to R (&), step R fwd (4)  
5,6                      Step L fwd (5), pivot ½ turn to R (6) [6:00]  
7&8                      ¼ turn step L side (7), close R next to L (&), step L side (8) [9:00]

### HEEL SWITCHES, ¼ PIVOT, HEEL SWITCHES 1/4 PIVOT

1&2&                      Heel tap R fwd (1), step R next to L (&), heel tap fwd (2), step L next to R (&)  
3,4                      Step R fwd (3), ¼ pivot to L (4) [6:00]  
5&6&                      Heel tap R fwd (5), step R next to L (&), heel tap fwd (6), step L next to R (&)  
7,8                      Step R fwd (7), ¼ pivot to L (8) [3:00]

### \*\*TAG\*\* After Wall 4 [9:00]

1,2&                      ¼ turn step R to face [12:00] Hands and shoulder gesture "What?"(1), hold (2), ¼ turn step L (&) returns you to face [9:00]

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