

# Move Na Na Na

COPPERKNOB  
STEP SHEETS

拍数: 32                      墙数: 4                      级数: Improver  
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音乐: Move - KID SOMETHING



#32 count intro

Country option: The City Put The Country Back In Me by Neal McCoy (no tags or restarts)

Clockwise rotation; start weight on L

Note: This dance could be a floor split for Move by Rob Fowler.

Sequence: 32, 28, 32, 32, 28, 32, 32, 4, 32, 32

## KICK-&-POINT, KICK-&-POINT; STEP, TURN, STEP, HOLD

1&2                      Kick R forward, step R home, point L to side  
3&4                      Kick L forward, step L home, point R to side (easier option 1-4: step, point, step, point)  
5-8                      Step forward R, turn left ½ [6] onto L, step forward R, HOLD

## STEP, TURN RIGHT ¼, STEP, TURN RIGHT ¼, STEP, TURN RIGHT ¼, CROSS, KNEE POP (Optional styling: roll hips during ¼ turns)

1-4                      Step forward L, turn right ¼ [9] onto R, step forward L, turn right ¼ [12] onto R  
5-6-7                      Step forward L, turn right ¼ [3] onto R, step L forward and slightly across L  
&8                      Pop both knees up-down, ending weight L (easier option 7-8: cross, HOLD)

## PLACE R FORWARD, BOUNCE HEEL 2X, STEP R HOME; MIRROR

1                      Place R forward to slight right diagonal (no weight)  
2-3-4                      Bounce R heel 2X, step R home  
5                      Place L forward to slight left diagonal (no weight)  
6-7-8                      Bounce L heel 2X, step L home

## R WIZARD, STEP, TOUCH; FORWARD, TOUCH, BACK, TOUCH

1-2&                      Step R forward to right diagonal, lock L, step R forward to right diagonal  
3-4                      Step L forward to left diagonal, touch \*\*\*RESTART  
5-6                      Step R forward to slight right diagonal, touch L home  
7-8                      Step L back to slight left diagonal, touch R home

\*\*\*RESTARTS (omit the last 4 counts of the dance)

During the 2nd repetition, you will start facing 3:00 and restart facing 6:00

During the 5th repetition, you will start facing 12:00 and restart facing 3:00

TAG after the 7th repetition (easy to hear—listen for whistling), you will be facing 3:00.

1-4                      Small step forward R, bounce 3x whilst turning left ¼ [6], ending weight on L

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