

Mon Amour

拍数: 48 墙数: 2 级数: Improver
编舞者: Diana Hakim (INA) & Astri Dwi (INA) - May 2021
音乐: Mon Amour - Vishal Dadlani : (Album: Kaalbi)



SEQUENCE: 48, 24, TAG 1, 48, TAG 1,16, TAG 2, 48, 32, TAG 1, 48, TAG 1, 48

S1 : Mambo Right, Mambo Left, Mambo R Front and L Back (8c)

1&2 Rock R to side - Recover on L - step R together
3&4 Rock L to side - Recover on R - step L Together
5&6 Rock R forward - Recover on L - step R together
7&8 Rock L back, Recover on R, step L together

S2 : Diagonal Lock Shuffle Right & Left, Jazz Box (8c)

1&2 Step R diagonal forward - Lock L behind R - step R diagonal forward
3&4 Step L diagonal forward - Lock R behind L - step L diagonal forward
5-8 Cross R Over L - step L back - step R to side - step L forward slightly cross over

S3 : Side, Together, Side Chasse (Right & Left) (8c)

1-2 Step R to side - Step L Together
3&4 Step R to side - Step L together - Step R to Side
5-6 Step L to Side - Step R together
7&8 Step L to Side - Step R Together - Step L to side

S4 : Jazz Box Turn 1/4, Right & Left (2X) (8c)

1-4 Cross R over L - Turn 1/4 Right step L back - Step R to side - Step L forward
5-8 Cross R Over L - Turn 1/4 right step L back - Step R to side - step L forward slightly cross over

S5 : Volta Full Turn Right, Volta Turn Left (8c)

1&2& Turn 1/4 Right Cross R over L, step L to side, Turn 1/4 Right Cross R over L Step L to side (6.00)
3&4 Turn 1/4 Right Cross R over L, Step L to Side, Turn 1/4 Right step R forward (12.00)
5&6& Turn 1/4 Left Cross L over R, step R to side, Turn 1/4 left cross L over R, step R to side (6.00)
7&8 Turn 1/4 Left criss L over R, step R to side, Turn 1/4 Left cross L over R, Step L forward (12.00)

S6 : Travelling Volta to Left, Hitch, Travelling Volta to Right (8c)

1 a2 Cross R over L, step L to side, Cross R over L
a3 a4 Step L to side, Cross R over L, Step L to side, Cross R over L
&5 a6 Hitch L knee Up, Cross L over R, step R to side, cross L over R
a7 a8 Step R to side, cross L over R, step R to side, criss L over R.

Repeat