

# Nuuk Qulaallugu

拍数: 64      墙数: 2      级数:  
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音乐: Nuuk Qulaallugu - Qarsoq



**Restarts: On wall 2, 4, 6 og 8 after 48 count**

**Section 1: RF: Side Toestrut, LF: Cross Toestrut, R Side Rock, RF Cross, Hold**

1-2-3-4      Touch R toe to R, Lower R Heel. Cross L over Right and Touch L toe in front of R, Lower L heel.  
5-6-7-8      Rock RF out to R, Recover Weight on LF, Cross RF over LF, Hold

**Section 2: LF: Side Toestrut, RF: Cross Toestrut, L Side Rock, LF Cross, Hold**

1-2-3-4      Touch L toe to L, Lower L Heel. Cross R over left and Touch R toe in front of L, Lower R heel.  
5-6-7-8      Rock LF out to L, Recover Weight on RF, Cross LF over RF, Hold

**Section 3: RF: Mambo Forward, Hold, L Coaster Back, hold,**

1-2-3-4      RF forward, weight back on LF, RF next to L, hold  
5-6-7-8      LF back, RF back next to LF, LF forward, hold

**Section 4: Step turn step, Hold, Run x 3, Hold**

1-2-3-4      RF step forward, ½ turn over L shoulder, RF step forward, hold  
5-6-7-8      Run with small step: LF, RF, LF, hold

**Section 5: Heel- switches R and L, Mambo R, Hold**

1-2-3-4      R Heel forward, together, L Heel forward, together  
5-6-7-8      , RF to R, Weight back on L, RF next to L, hold

**Section 6: Heel-switches L and R, Mambo L, Hold**

1-2-3-4      L Heel forward, together, R heel forward, together  
5-6-7-8      , LF to L, Weight back on R, LF next to L, hold

**RESTART HERE ON WALLS 2, 4, 6 AND 8.**

**Section 7: Rhumba forward touch , Rhumba back Kick**

1-2-3-4      RF to R, LF next to R, RF forward, LF touch next to R  
5-6-7-8      LF to L, RF next to L, LF back, RF kick

**Section 8: Step Back and Kick x 2, coaster R back and together**

1-2-3-4      Step back RF, Kick LF (and Clap), Step back LF, Kick RF (and Clap)  
5-6-7-8      Step RF back, LF back next to RF, RF forward , step forward on RF, step LF next to RF.

**END OF DANCE - START AGAIN.... ENJOY....**

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