

# Dilemma

拍数: 48                      墙数: 2                      级数: Low Intermediate  
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音乐: Dilemma (feat. Kelly Rowland) - Nelly



Intro: 16 count

## #Section I. SIDE RECOVER - SAILOR CROSS - SIDE RECOVER - SAILOR 1/4 L

1 - 2                      Step R to side , recover on L  
3&4                      Step R behind L, step L to side, Cross R over L  
5 - 6                      Step L to side , recover on R  
7&8                      1/4 turn L step L back , step R to side , step L Forward (9:00)

## #Section II. ROCK RECOVER - BACK TOUCH - ANCHOR STEP

1 - 2                      Step R Forward, recover on L  
3 - 4                      Step R back diagonal, touch L Beside R  
5&6                      Step L back, step R in Place, step L in place  
7&8                      Step R back, step L in place, step R in Place

## #Section III. SIDE TOUCH - SIDE CHASSEE - 1/4 R SIDE TOUCH - SIDE CHASSEE

1&2&                      Step L to side, touch R Beside L, step R to side, touch L Beside R  
3 & 4                      Step L to side, step R together, Step L to side  
5&6&                      1/4 turn R step R to side, touch L Beside R, step L to side, touch R Beside L (12:00)  
7 & 8                      Step R to side, step L together, step R to side

## #Section IV. DIAGONAL BACK TOUCH - SWAY

1 - 2                      Step L back diagonal , touch R Beside L  
3 - 4                      Step R back diagonal, touch L Beside R  
5 - 8                      Step L to side with hips sway L, R, L, R

## #Section V. FORWARD LOCK SHUFFLE - PIVOT 1/2 L - FULL TURN - KICK BALL TOUCH

1 & 2                      Step L Forward, step R lock behind R, step L Forward  
3 & 4                      Step R Forward, 1/2 L step L in place, step R forward (6:00)  
5 & 6                      1/2 turn R step L back, 1/2 turn R step R forward, step L Forward  
7 & 8                      kick R forward, step R beside L, touch L to side

## #Section VI. CROSS TOUCH - LONG STEP - 1/4 L SAILOR STEP - PRISSY WALK

1 - 2                      Touch L Cross over R, step L to side  
3 - 4                      Touch R Cross over L, Long step R to side  
5 & 6                      1/4 turn L step L back, step R to side, step L forward (3:00)  
7 - 8                      Step forward R, L

RESTART: on wall 3 & 5 after 32 count after sway and change step

5 - 8                      Step L to side with hips sway L, R, L, , step R Beside L

Enjoy your dance

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