

Love Not War EZ

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heidi Cronjé (SA) - May 2021
音乐: Love Not War (The Tampa Beat) - Jason Derulo & Nuka



Intro: 16 counts (09 seconds) - start on heavy beat

SECTION 1: R CROSS LOCK STEP, ROCK, RECOVER, , L CROSS LOCK STEP, ROCK, RECOVER

1&2 Cross L over R, Lock R behind L, Cross L over R
3-4 Rock R side, Recover L
5&6 Cross R over L, Lock L behind R, Cross R over L
7-8 Rock L side, Recover R

SECTION 2: JAZZ BOX CROSS, L MAMBO, BACK ROCK, RECOVER

1-4 Cross L over R, Step R back, Step L side, Cross R over L
5-6 Rock L side, Recover R, Step L together
7-8 Rock R back, Recover L

SECTION 3: HIP BUMPS TO R, HIP BUMPS TO L, WALK R-L, ROCK, RECOVER

1&2 Touch R toes to R diagonal and bump hips fwd, Bump hips back, Bump hips fwd and step down on R
3&4 Touch L toes to L diagonal and bump hips fwd, Bump hips back, Bump hips fwd and step down on L
5-6 Walk R fwd, Walk L fwd
7-8 Rock R fwd, Recover L

SECTION 4: ½ R SHUFFLE, L ROCK & CROSS, R ROCK & CROSS, FWD, ¼ R

1&2 Turn ¼ R and step R side, Step L together, Turn ¼ R and step R fwd (06:00)
3&4 Rock L side, Recover R, Cross L over R
5&6 Rock R side, Recover L, Cross R over L
7-8 Step L fwd, Turn ¼ R and step R side (09:00)

Start Again.

Tag: (End of wall 8 - facing 12:00)

1 - 4 Sway L over 2 counts, sway R over 2 counts

Ending: At the end of wall 9 - Section 4, count 8: Turn ½ R and step R fwd, step L fwd, to face 12:00

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