

The Bayou

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Deb Eldridge (USA) - May 2021
音乐: In The Bayou - Laine Hardy



Restart on wall 3 after 16 counts

[1-8] Toes strut Hips Bumps

1-2 Right toe, heel - bumping hips
3-4 Left toe, heel - bumping hips
5-6 Right toe, heel - bumping hips
7-8 Left toe, heel - bumping hips

[9-16] Rock Recover, 1/2 turn shuffle, Step back 1/2, together, coaster step.

9-10 Right foot rock forward, recover on left foot
11&12 1/2 turning Shuffle R,L,R
13-14 Step Left 1/2, Right foot Together next to left
15&16 Left Coaster step (left foot back, right foot together, left foot forward)

**** Restart here on Wall 3****

[17-24] Grapevine with a cross, side rock, behind and cross

17-20 Step Right foot to the side, Left foot behind, Right foot to the side, Cross Left for over Right
21-22 Right foot Rock to the side, recover Left foot
23&24 Right foot behind, left foot to the side, right foot cross in front of left

[25-32] Heel grind 1/4 turn left, coaster step, step forward, touch (1 clap), step back, touch (2 claps)

25-26 Left heel forward, grind 1/4turn left
27&28 Left coaster step (left foot back, right foot together, left foot forward)
29-30 step right foot forward on an angle and clap
31-32 step left foot back on an angle and clap 2 times

[33-40] Lindy right and left

33&34 Step side together, side R,LH,
35-36 Rock back Left foot, Recover Right Foot
37&38 Step side together, side L,R,L
39-40 Rock back Right foot, Recover Left Foot

[41-48] 2 Kickball change, 2 Pivot 1/2 turns

41&42 Kick right foot forward, step right foot, step left foot
43&44 Kick right foot forward, step right foot, step left foot
45,46 Step right foot forward, pivot 11/2turn
47,48 Step right foot forward, pivot 11/2turn