

Naked

拍数: 64 墙数: 2 级数: Low Intermediate
编舞者: Regina Cheung (CAN) - May 2021
音乐: Naked - Ava Max



Intro : 8 Counts

Sec. 1: R Walk L Walk, R Forward Shuffle, L Rock Recover, L Shuffle 1/2 L

1 2 Walk right, Walk left
3 & 4 Right shuffle forward
5 6 Left rock forward, Recover on right
7 & 8 Left shuffle 1/2 left (6:00)

Sec.2: Forward Sweep 1/4 R, Cross Side Behind, R Monterey 1/4 R, L Side Mambo

1 2 Right step forward, Left sweep from back to front turn 1/4 right
3 & 4 Left cross over Right, Step right to side, Step left behind right
5 6 Right touch out, turn 1/4 Right Step right next to left
7 & 8 Left rock on side, Recover on Right, Step left next to right (12:00)

Sec.3: R Kick Ball Change, R Pivot 1/2 L, Bump R Hip, Recover 1/4 L, Turn 1/4 L, Bump L Hip Forward , Recover 1/4 R

1 & 2 Kick right forward, Step right in place, Step left forward
3 4 Right step forward, Pivot turn 1/2 left
5 & 6 Touch and bump right hip forward Recover 1/4 left weight on right (3:00)
7 & 8 Turn 1/4 left Touch and bump left hip forward, Recover 1/4 right weight on left (3:00)

Sec.4: Jazz Box Cross, Side, Behind Side Cross, R Bump Forward Twice

1 2 & Right cross over left, Step left back, Step right on right side
3 4 Left cross over right, Step right on side
5 & 6 Step left behind right, Step right on side, Step left cross over
7 & 8 Press right ball forward diagonal, Bump right hip forward twice (3:00)

Sec.5: R Back L Back, Coaster Step, Forward Pivot 1/2 R, Shuffle 1/2 R

1 2 Right Step Back, Left Step Back
3 & 4 Step back on right, Step left next to right, Step forward on right
5 6 Right step forward, Pivot 1/2 right
7 & 8 Left shuffle 1/2 right (3:00)

Sec.6: Turn 1/4 R, L Point Out, Cross, R Point Out, Syncopated Jazz Box, Turn 1/4 R, Shuffle Forward

& 1 2 3 Right turn 1/4 right Step on side, Left Point Out, Left step across over right, Right point out
4 & 5 6 Right cross over left, Step left back, Step right on side, Left cross over right
7 & 8 Turn 1/4 right, Right shuffle forward (9:00)

Sec.7: L Rock 1/4 R, L Cross Shuffle, Hinge 1/2 Turn L, R Cross Shuffle

1 2 Left rock forward, Recover 1/4 right on right
3 & 4 Left cross over right, Step right to right side, Left cross over right
5 6 Make 1/4 turn left, Step back on right, Make 1/4 left, Step left to left side
7 & 8 Right cross over left, Step left to left side, Right cross over left (6:00)

Sec.8: L Side Rock, Behind Side Cross, R Side Mambo, L Back Mambo

1 2 Left rock on side, Recover on right
3 & 4 Left step behind, Right step on side, Step left cross over right
5 & 6 Rock right on side, Recover on left, Step right next to left

7 & 8 Rock back on left, Recover on right, Step left next to right (6:00)

REPEAT

TAG - End of Wall 5 (8 Counts) (6:00)

R Rock Recover, Shuffle 1/2 R, L Forward 1/2 turn R, L Forward Shuffle

1 2 Rock right forward, Recover on left

3&4 Right shuffle 1/2 right

5 6 Step left forward, Pivot 1/2 right

7&8 Left shuffle forward

BRIDGE - Wall 6, dance up to Count 32 (4 Counts) (3:00)

R Reverse Rocking Chair

1 2 Right rock back, Recover on Left

3 4 Right rock forward, Recover on left

Continue Count 33 - 64 (Ending @ 12:00)

Last Update - 24 May 2021-R2
