

Till The Sunrise

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Sebastiaan Holtland (NL) - May 2021
音乐: Sunrise - Jillionaire, Fuse ODG & Fatman Scoop : (CD Single 2017)



No tags or restarts.

Introduction: 16 counts, start on approx. 11 sec.

Part 1. [1-8] Syncopated Heel Grind R ¼ Turn R, Back R, Back Rock L, Syncopated Heel Grind L ¼ L, Back L, Back Rock R.

1&2 Heel Grind R fwd (1), Make ¼ turn R (3.00) step Lf slightly to L (&),
3,4. Rock Rf back (3), Recover back onto Lf (4).
5&6 Heel Grind R fwd (5), Make ¼ turn R (12.00) step Lf slightly to L (&), Step Rf back (6).
7,8. Rock Rf back (7), Recover back onto Lf (8).

Part 2. [9-16] Jump Both Feet Apart Fwd, Hold, Jump Both Feet Apart Back, Hold, Cross Sailor to R ¼ R, Step Lock Step L.

&1,2. Jump both feet apart fwd (&1), Hold (2).
&3,4. Jump both feet apart back (&3), Hold (4).
5&6 Step Rf across Lf (5), Make ¼ turn R (3.00) step Lf to L (&), Step Rf to R (6).
7&8 Step Lf fwd (7), Lock Rf behind Lf (&), Step Lf fwd (8).

Part 3. [17-24] Heel Jack L, L Replace ¼ Turn L, Step Lock Step R, ½ Walking Circle to Left L, R, Step Lock Step L.

&1,2 Step Rf to R (&), Heel Jack L fwd (1), Make ¼ turn L (12.00) step Lf back in place (2).
3&4. Step Rf fwd (3), Lock Lf behind Rf (&), Step Rf fwd (4).
5,6. Walking Circle L, R with ½ turn L (6.00) (5,6).
7&8. Step Lf fwd (7), Lock Rf behind Lf (&), Step Lf fwd (8).

Part 4. [25-32] Heel Jack L, L Replace ¼ Turn L, Step Lock Step R, L Side, R Touch Together L, R Side, L Together R.

&1,2 Step Rf to R (&), Heel Jack L fwd (1), Make ¼ turn L (3.00) step Lf back in place (2).
3&4. Step Rf fwd (3), Lock Lf behind Rf (&), Step Rf fwd (4).
5-8. Step Lf to L (5), Touch Rf beside Lf (6), Step Rf to R (7), Step Lf beside Rf (8).

(NB: Optional for above steps: 5-8 Chest Pushes fwd).

REPEAT THE DANCE AND HAVE FUN!!

Dance Edit, email: smoothdancer79@hotmail.com