

Stay Young (Shao Nian 少年)

COPPERKNOB
BY SHEETS

拍数: 48 墙数: 2 级数: Phrased Improver
编舞者: Erni Jasin (INA) & Heru Tian (INA) - May 2021
音乐: Shao Nian (少年) - MIYA (夢然)



Intro Music : 16 Counts

SOD : B, A, B B, A, B, AAAA, B, AA

PART A : 32 Count

SECTION 1 : WALK FWD RL - TOUCH FWD - SWIVEL- ROCK SIDE - SAILOR - SIDE

1 - 2 Walk RF fwd (1), Walk LF fwd (2)
3&4 Touch RF fwd (3) , both heel out (&) , Back to centre (4)
5 - 6 Rock RF to R side (5), Recover on L (6)
7&8 Cross RF behind L (7) , Step LF to L (&) , Step RF to R side (8)

SECTION 2 : PIVOT 1/2 R - L FWD SHUFFLE - SIDE - TOUCH - SIDE - KICK BALL CHANGE

1 - 2 Step LF fwd (with body sway) (1) , make 1/2 turn R Step RF fwd (2)
3&4 Shuffle fwd L- R - L
5&6 Step RF to R side (5), Touch LF next to R (&), Step LF L side (6) ,
7&8 Kick RF (7) , Step R Ball Back (&) , Step LF fwd (8)

SECTION 3 : R,L,R SQUARE BOX - L COASTER STEP- R ANCHOR STEP- L SWEEP- L BEHIND- R SIDE

1&2&3 Step RF to Side (1), Touch LF (&), ¼ turn L Step LF Side (2) facing 3:00, Touch RF (&), ¼
 turn L Step RF Side (3) facing 12:00
4&5 Step LF Back (4), Step RF Together (&), Step LF Fwd (5)
6&7 Step RF behind LF (6), Step LF in place (&), Step RF in place (7) Sweep LF front to behind
8& Cross LF behind RF (8), Step RF to Side (&)

SECTION 4 : L CROSS- R 1/4 TURN R, SIDE ROCK - RECOVER - TOGETHER - L SIDE POINT- TOGETHER - R POINT- R HITCH- R POINT - 1/4 TURN R SYNCOPATED JAZZ BOX

1 Cross LF Over RF (1),
2, 3& 1/4 Turn R Rock RF to Side (2), Recover on LF (3), Close RF together (&) facing 3.00
4&5&6 Point LF To Side (4), Close LF together (&), Point RF to Side (5), Hitch RF (&), Point RF to
 Side (6)
7&8& Cross RF over LF (7), 1/4 Turn R Step LF behind (&), Step RF to Side (8), Step LF fwd (&)
 facing 6.00

PART B : 16 Count

SEC 1 : SCISSOR STEP - 1/4 TURN R - BACK LOCK SHUFFLE - ROCK BACK - FWD - 3/4 TURN L - SIDE

1 2 3 Step RF side (1), Step LF next to R (2), Cross RF over L (3)
4&5 1/4 Turn R Step LF back (4) (3:00), Step RF in front of L (&), Step LF back (5)
6-7 Rock RF back (6), Step LF fwd (7)
8& make 1/2 L Step RF back (8) (9:00), 1/4 Turn L (&) (6:00)

SEC 2 : CROSS ROCK - RECOVER - SIDE SWAY - FWD, PIVOT 1/2 TURN L, ROCK FWD, RECOVER, TOUCH

1 2 Cross Rock RF over L (1), Recover on L (2)
3 4 Step RF side with sway R (3) , Sway L weight on L (4)
5 6 Step RF fwd 1/2 turn L (5) (12:00), Step LF fwd (6)
7 8 & Step RF fwd (7), Recover on LF fwd (8), Touch RF beside LF (&)

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