

Banana Boat

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Caecilia M Fatruan (INA) - May 2021
音乐: BANANA BOAT REMIX WORKOUT



The dance begins at the second verse of the song

S1. WALK FORWARD, TOUCH SIDE RIGHT & LEFT

1-2-3-4 RF step Fwd, LF step fwd, RF step fwd, LF step fwd
5-6 RF touch R side, close
7-8 LF touch L side, close

S2. WALK BACKWARD, TOUCH SIDE, ¼ TURN RIGHT

1-2-3-4 RF step back, LF step back, RF step back, LF step back
5-6 RF touch R side, close while ¼ turn to the R side
7-8 LF touch to to the Left side, closed together

S3. KICK RF, LF, RF HOOK, STEP SIDE, HIP SWAY

1&2 RF kick fwd, back together (&) LF kick fwd, back together (&)
3&4 RF Kick fwd with ending RF bend the cross in front of LF (&), return forward
5-6-7-8 RF step R side while Hip Sway Right (5) Hip sway Left(6) Hip sway Right, Weight on Right
(7) LF Flick out (8)

S4. JACK BOX, CHASSE while ¼ TURN LEFT, PIVOT ¼ TURN LEFT

1-2 LF step in front of RF, RF step back
3-4 LF step to the L side, RF step in front of LF
5&6 LF Step to the L side, RF together (&) LF step to the L side while ¼ turn to the L side
7-8 RF Step Fwd, while LF ¼ turn to the L side

TAG: 4 Count, After Wall 5

OUT-OUT, IN-IN

1-2 RF step fwd diagonally, LF step fwd diagonally
3-4 RF step back, LF step close

Yeaaahh....WELL DONE...

VERY EASY & FUN

About hand movements, you can follow our style, or you can do your own hand style .. enjoy this dance