

All I Know So Far

拍数: 64 墙数: 2 级数: Intermediate
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音乐: All I Know So Far - P!nk



#16 Count Intro

SEC 1: Step, Touch Ball Step, Touch Out Out, Together Cross, Scissor Cross

1 Step right forward
2&3 Touch left beside right, step left beside right, step right forward
4&5 Touch left beside right, step left to left, step right to right
6-7 Step left beside right, cross right over left
8&1 Step left to left, step right beside left, cross left over right

SEC 2: ¼ Back, Back Rock, ½ Turn Step Lock Step, ¼ Side, Hold

2 Turn ¼ left step right back (9:00)
3-4 Rock left back, recover onto right
5&6 Turn ¼ right step left to left, turn ¼ right lock right over left, step left back (3:00)
7-8 Turn ¼ right step right to right, Hold (6:00)

SEC 3: Ball ¼ Step, Step ½ Pivot, Shuffle, ½ Back, ¼ Side, Hold

&1 Step left beside right, turn ¼ right step right forward (9:00)
2-3 Step left forward, pivot ½ right transferring weight onto right (3:00)
4&5 Step left forward, step right beside left, step left forward
6-7 Turn ½ left step right back, turn ¼ left step left to left (6:00)
8 Hold

SEC 4: Ball Side Rock, Cross Shuffle, Side Rock, Ball Walk Walk

&1-2 Step right beside left, rock left to left, recover weight onto right
3&4 Cross left over right, step right beside left, cross left over right
5-6& Rock right to right, recover weight onto left, step right beside left
7-8 Step left forward, step right forward

SEC 5: ¼ Ball Cross, ¼ Step, Step ¾ Pivot, Syncopated Vine ¼ Turn

&1-2 Turn ¼ right step left to left, cross right over left, turn ¼ left step left forward (6:00)
3-4 Step right forward, pivot ¾ left transferring weight onto left (9:00)
5 Step right to right
6&7 Step left behind right, step right to right, cross left over right
8 Turn ¼ right step right forward (12:00)

SEC 6: Rock, Ball Back, Back, Touch ½ Unwind, Step ¼ Pivot

1-2& Rock left forward, recover weight onto right, step left back
3-4 Step right back, step left back
5-6 Touch right toe back, unwind ½ right transferring weight onto right (6:00)
7-8 Step left forward, pivot ¼ right transferring weight onto right (9:00)

SEC 7: Cross Side, Sailor Heel Ball Cross, Hold, Ball Touch ½ Unwind

1-2 Cross left over right, step right to right
3&4 Step left behind right, step right to right, touch left heel to left diagonal
&5-6 Step left beside right, cross right over left, hold
&7-8 Step left to left, touch right toe behind left, unwind ½ right transferring weight onto right (3:00)

SEC 8: Cross, Hold, & Together Cross, Side, Behind ¼ Step, Step ½ Pivot

- 1-2 Cross left over right, hold
- &3-4 Step right to right, step left beside right, cross left over right
- 5-6& Step left to left, step right behind left, turn ¼ left step left forward (12:00)
- 7-8 Step right forward, pivot ½ left transferring weight onto left (6:00)

Tag 1: Danced at the end of Walls 1 & 3

Rocking Chair

- 1-2 Rock right forward, recover weight onto left
- 3-4 Rock right back, recover weight onto left

Tag 2: Danced at the end of Wall 2

Rocking Chair, Step ½ Turn, Back, Touch

- 1-2 Rock right forward, recover weight onto left
 - 3-4 Rock right back, recover weight onto left
 - 5-6 Step right forward, pivot ½ left keeping weight on right
 - 7-8 Step left back, touch right over left
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