

Settlin Down

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Doreen Post (USA) - April 2021
音乐: Settling Down - Miranda Lambert



Intro. 32 counts

No tags. No restarts!

R & L SKATES, SHUFFLES, R ¼ TURN FWD SHUFFLES L,R,L

1,2,3&4 Skate R forward, skate L forward, Shuffle RLR
5,6,7&8 Step L ¼ turn R step R, Shuffle LRL

R&L SKATES, SHUFFLES,R ¼ TURN FWD SHUFFLES L,R,L

1,2,3&4 Skate R forward, skate L forward, Shuffle RLR
5,6,7&8 Step L ¼ turn R, step R, Shuffle LRL

R&L FORWARD STEPS WITH R,L,R SWIVELS

1,2,3&4 Step forward R bring L together, swivel heels RLR
5,6,7&8 Step forward L bring R together, swivel heels RLR

R & L SIDE BEHIND RIGHT & KICK & STEP X2

1,2&3&4 Step R to the R, L behind R, step R kick L, step L & step R
5,6&7&8 Step L to the L, R behind L, step L kick R, step R & step L

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