Amour Fou



编舞者: Rebecca Blower (UK) - April 2021

音乐: Amour Fou - ZOË



Start after 16 counts...

1&2	Step R forward, step L behind R, step R forward,
3&4	Step L forward, step R behind L, step L forward,

5-6 Rock forward R, Recover L,

7&8 Step R back, lock L across R, step R back,

SECTION 2: Lock step/shuffle back, Rock, recover, 1/4 turn twice

1&2	Step L back, lock R across Left, step L ba	ack
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3-4 Rock back R, recover L,

5-6 Step forward R, pivot 1/4 turn to left, recover L (09:00),7-8 Step forward R, pivot 1/4 turn to lefty, recover L (06:00).

SECTION 3: 3 walks forward, tap side, behind, side, walk forward twice

1-2	Walk forward R, L,

3-4 Walk forward R, Tap L foot to L side,5-6 Tap L foot behind, Tap L foot to side,

7-8 Walk forward L, R,

SECTION 4: Step forward, tap side, behind, side, Jazz Box 1/4 turn

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1-2	vvaik iorward i	. Tap R foot to R side.

3-4 Tap R foot behind L, Tap R foot to R side ***
5-6 Cross R over L, 1/4 turn stepping back L (09:00),

7-8 Step R to R side, step forward L (09:00)

*** RESTART on wall 4 after 28 counts... After tapping R foot to R side, miss out the jazz box and go straight to the start (shuffles forward).

Music goes quiet and sounds like a heart beat ♥

Option to start immediately by beginning at SECTION 3 (this will alter the wall positions listed above)

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