

Sweet Calma

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Irene Elsy (INA), Jateng (INA) & Po Gwat (INA) - May 2021
音乐: Con Calma (feat. Snow) - Daddy Yankee



Start : After 16 count

Restart 1st at Wall 4 after 16 count, Restart 2nd at Wall 7 after 8 count

S1. MAMBO SIDE, WALK BACK, HITCH, SHUFFLE

1,2 & Step R to side - Recover on L - Step R close to L
3,4 & Step L to side - Recover on R - Step L close to R
5, 6 Step R back - Step L back
7, 8 & Step R back, hitch L - Step L forward - Step R next to L

S2. PIVOT, WALK BACK, SWAY

1,2 & Step L forward - Step R forward - Turn ½ L, Step L forward (facing 06.00)
3, 4 & Turn ½ L, Step R back (facing 12.00) - Step L back, Step R back
5,6,7 Step L to side, Sway L, Hips - Sway R, Hips - Sway L, Hips
8 & Sway R, Hips - Sway L, Hips

S3. DIAMOND SHAPE

1,2 & 3 Step R across L - Step L to side - Turn 1/8 R, Step R back (facing 01.30) - Step L back
4 & 5 Turn 1/8 R, Step R to side (facing 03.00) - Turn 1/8 R, Step L forward (facing 04.30) - Step R forward
6 & 7 Turn 1/8 R Step L to side (facing 06.00) - Turn 1/8 R, Step R back(facing 06.30) - Step L back
8 & Turn 1/8 R, Rock R to side (facing 09.00) - Recover on L

S4. KICK, TOUCH, ROCK, RECOVER

1, 2 & Step R across L - Kick L - Step L next to R
3 & Kick R - Step R next to L
4 & Touch L to side - Step L next to R
5 & Touch R to side - Step R next to L
6, 7, 8 Touch L forward - Rock L forward - Recover weight on to R, Step L close to R

Enjoy the dance !!!

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