

Para Enamorarte

拍数: 64 墙数: 4 级数: Improver
编舞者: Silvi Laurent (INA) - May 2021
音乐: Para Enamorarte - CNCO



Start Dance after 16 counts - No Tag 1 Restart

#Intro: 32 Counts (2x)

S1. BACK CROSS - SIDE - HOLD (R-L)

- 1-2. Cross R behind L, Recover on L
- 3-4. Step R to R side, Hold
- 5-6. Cross L behind R, Recover on R
- 7-8. Step L to L side, Hold

S2. BACK CROSS - HOLD - SWEEP - HOLD - SIDE STEP WITH SWAY (R-L)

- 1-2. Cross R behind L, Hold
- 3-4. Sweep L from front to back, hold
- 5-6. Step R to side with hip sway to right , hold
- 7-8. Step L in place with hip sway to left weight on L, hold

S3. TURN 1/4 FORWARD ROCK - TURN 1/4 SIDE STEP - HOLD - CROSS - 3/4 TURN LEFT (SPIRAL) - FORWARD LOCK SHUFFLE

- 1-2. 1/4 Turn left step R forward , Recover on L (09.00)
- 3-4. 1/4 Turn right step R to R side , hold (12.00)
- 5-6. Cross L over R, 1/4 to left stepping R back and 1/2 spiral to left (03.00)
- 7&8. Step L forward, Lock R behind L, Step L forward

S4 FORWARD ROCK - 1/4 TO RIGHT BIG STEP - HOLD - CROSS - HOLD - SIDE TOUCH - CLOSE TOUCH

- 1-2. Step R forward, Recover on L
- 3-4. 1/4 To right big step R to side, Hold (06.00)
- 5-6. Cross L over R, Hold
- 7-8. Touch R to side, Touch R close beside L

Main Dance 32 Counts

Restart on Wall 4 after 16 Counts

S1. SAMBA WHISK (R-L) - FORWARD - RECOVER - BACK - BACK - RECOVER - FORWARD

- 1a2. Step R to R side, Step L slightly behind R, Step R in place
- 3a4. Step L to L side, Step R slightly behind L, Step L in place
- 5&6. Step R forward, Step L in place, Step R back
- 7&8. Step L back, Step R in place, Step L forward

S2. CROSS - HOLD - SIDE STEP - CROSS - HOLD - SIDE - TURN 1/4 FORWARD - FORWARD - TURN 1/2 BACK STEP - FORWARD

- 1-2& Cross R over L, Hold, Step L to L side
- 3-4. Cross R over L, Hold
- 5-6. Step L to side, 1/4 to right step R forward (03.00)
- 7&8. Step L forward, 1/4 turn left step R to side , 1/4 turn left step L forward (09.00)

*Restart here on wall 4 (12.00)

S3. CROSS MAMBO (R-L) - BACK WALK (RLR), CLOSE

- 1&2. Cross R over L, Recover on L, Step R to R side
3&4. Cross L over R, Recover on R, Step L to L side
5-6 Step R back, Step L back
7-8. Step R back, Close L beside R

S4. SIDE ROCK - BEHIND - SIDE - CROSS - FULL VOLTA TURN

- 1-2. Step R to R side, Recover on L
3&4. Cross R behind L, Step L to L side, Cross R over L
5& 1/4 turn L step L forward, Step R slightly behind L
6& 1/4 turn L step L forward, Step R slightly behind L
7&8 1/4 turn L step L forward, Step R slightly behind L, 1/4 turn L step L forward (09.00)

Enjoy the dance

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