No Sad Songs



拍数: 32 墙数: 4 级数: Improver

编舞者: Lynn Luccisano (USA) - 27 April 2021 音乐: NO SAD SONGS - Niko Moon: (iTunes)

或: GOOD TIME - Niko Moon



Alternate music: Good Time by Niko Moon or Good Time Niko Moon featuring Shaggy *start 32 cts of the vocals on the word Guitar, NO RESTARTS FOR THIS SONG!

#16 count intro @ start of the music {Start before the vocals} *1 Restart

R HEEL GRIND ¼ TURN R, R ROCK REC.,R HEEL GRIND ¼ TURN R, R ROCK REC

1-2	Touch R heel fwd (1)	make a ¼ turn R while	e arindina, keepina weight on L (2) [3:0	nn1
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³⁻⁴ Rock R back (3), Rec. L (4)

SLOW VAUDEVILLE STEPS (1-6), STEP L to L (7), TOUCH R HEEL FWD (8)

1-2	Step R to R (1), Step L behind R (2)
3-4	Step R beside L (3), Touch L heel fwd (4)
5-6	Step L beside R (5), Cross R over L (6)
7-8	Step L to L (7), Touch R heel fwd (8) [6:00]

MODIFIED K STEP

1-2	Step R fwd on R diagonal (1), Touch L next to R (2)
3-4	Step L back on R diagonal (3), Touch R next to L (4)
5-6	Step R back on L diagonal (5), Kick L fwd

7-8 Step L back on L diagonal, (7), Brush R fwd (8) [6:00]

MODIFIED FALLAWAY DIAMOND

1-2	Cross R over L (1), Step L back 1/8 on R diagonal (2)
3-4	Step R back on the R diagonal (3), Drag L to R (4)
5-6	Step L back (5), Step R to R side (6) (square up to 9:00)
7-8	Step L fwd (7), Hold (8) [9:00]

^{*}Restart: On wall 5 (2nd time at 12:00), dance the 1st 8 counts, restart facing 6:00

Suggested Ending: dance is ending at 6:00 as you just finish the 1st 4 counts facing 9:00, just step 1/4 turn to the front wall on the R foot.

*Thank you to our DJ Larry Swag for the music suggestion!

Contact: Lynn Luccisano - cheralike13@aol.com Keep dancin'!

Last Update: 9 Jun 2024

⁵⁻⁶ Touch R heel fwd (5), make a ¼ turn R while grinding, keeping weight on L (6) [6:00]

⁷⁻⁸ Rock R back (7), Rec. L (8)

^{***}Restart Here: On wall 5 (12:00), restart facing 6:00