

Happy-Happy

拍数: 64 墙数: 4 级数: Beginner
编舞者: Warren Fleming (AUS) - March 2021
音乐: Happy - Carmen Rasmusen : (Album: Nothin' Like The Summer)



Start: On Right Foot after 16 counts.

[1-4] STEP RF FWD, CLOSE, STEP LF FWD, CLOSE, 12.00

1-2 step RF fwd @ 45deg R, step RF back in place,
3-4 step LF fwd @ 45deg L, step LF back in place,

[5-8] PIGEON TOES,, PIGEON TOES,, 12.00

(with weight on soles of both feet)

1-2 swing both heels out, swing both heels back in place,
3-4 swing both heels out, swing both heels back in place,

[9-12] RF: STEP, SLIDE, STEP, TOUCH, 12.00

1-2 step RF to R side, slide LF beside RF,
3-4 step RF to R side, touch LF beside RF,

[13-16] LF: STEP, SLIDE, STEP, TOUCH, 12.00

1-2 step LF to L side, slide RF beside LF,
3-4 step LF to L side, touch RF beside LF,

[17-20] CHARLSTON STEP,,,, 12.00

1-2 step RF fwd, swing LF fwd, (kick)
3-4 step LF backwards, touch R toe back,

[21-24] CHARLSTON STEP,,,, 12.00

1-2 step RF fwd, swing LF fwd, (kick)
3-4 step LF backwards, touch R toe back,

[25-28] GRAPEVINE RIGHT,,, HITCH, 12.00

1-2 step RF to R side, cross LF behind RF,
3-4 step RF to R side, hitch lift knee up,

[29-32] GRAPEVINE LEFT with ¼ TURN L,,, TOGETHER, 9.00

1-2 step LF to L side, cross RF behind LF,
3 making ¼ turn L step LF fwd,
4 step RF beside LF keeping weight on LF,

[33-36] DOGLEG SWIVEL,,,, 12.00

1-2 swivel on R heel swing R toe R, swivel on R toe swing R heel R,
3-4 swivel L heel swing L toe ¼ R, swivel R heel swing R toe ¼ R, (12.00)

[37-40] SHUFFLE FWD,, ROCK FWD, ROCK BACK, 12.00

1&2 step LF fwd, step RF beside LF & step LF fwd,
3-4 rock RF fwd, rock back onto LF,

[41-44] SHUFFLE BACK,, STEP BACK, ROCK FWD, 12.00

1&2 step RF back, step LF beside RF & step RF back,
3-4 rock LF back, rock fwd onto RF,

[45-48] STEP FWD, BRUSH, STEP FWD, BRUSH, 12.00

1-2 step LF fwd, brush ball of RF fwd,
3-4 step RF fwd, brush ball of LF fwd,

[49-52] ROCKING CHAIR,,,, 12.00

1-2 rock LF fwd, rock back onto RF,
3-4 rock LF back, rock fwd onto RF,

[53-56] STEP ½ PIVOT R,, ½ TURN SHUFFLE,, 12.00

1-2 step LF fwd, making ½ pivot turn R finish on RF, (6.00)
3&4 make ½ turn R step LF bk, step RF beside LF & step LF bk, (12.00)

[57-60] STEP RF BACK, TAP L HEEL FWD, 12.00, STEP LF BACK, TAP R HEEL FWD, 12.00

1-2 step RF back, tap L heel fwd,
3-4 step LF back, tap R heel fwd,

[61-64] ROCK BACK, ROCK FWD, STEP ¼ PIVOT,, 9.00

1-2 rock back on RF, rock fwd onto LF,
3-4 step RF fwd, making ¼ pivot turn L finish on LF, (9.00)

Ending [Dance counts 1-60]

[61-64] ROCK BACK, ROCK FWD, STEP, TOGETHER, 12.00

1-2 rock back on RF, rock fwd onto LF,
3-4 step RF fwd, step LF beside RF, (12.00)

Choreographer Note (two dances in one)

"Happy" counts 1-32 1st night beginners dance (October 2020)

"Happy-Happy" counts 1-32 + 33-64 Improver beginners dance
