

Earlybirds

拍数: 32 墙数: 4 级数: Improver
编舞者: Ivonne Verhagen (NL) & Raymond Sarlemijn (NL) - May 2021
音乐: Early In The Morning - Kris Kross Amsterdam, Shaggy & Conor Maynard



#16 Count Intro / Approx 9 Secs

SEC 1: Point Over, Point Side, Weave, Side Mambo, Point Side, ¼ Turn Hook

- 1-2 Point right over left, point right to right
- 3&4 Step right behind left, step left to left, cross right over left
- 5&6 Rock left to left, recover weight onto right, step left beside right
- 7-8 Point right to right, turn ¼ right hooking right over left (3:00)

SEC 2: Step, ¼ Side, ¼ Sailor Step, Step Lock Step, Mambo Step

- 1-2 Step right forward, turn ¼ right step left to left (6:00)
- 3&4 Turn ¼ right step right behind left, step left beside right, step right forward (9:00)
- 5&6 Step left forward, lock right behind left, step left forward
- 7&8 Rock right forward, recover weight onto left, step right beside left pushing hips back

Arms On count 8 raise both arms above head grabbing left wrist with right hand

Restart Here on Wall 8, Dance up to and including counts 7&, then add the following

- 8 Touch right beside left

SEC 3: Dorothy Step, Step, ¼ Touch, Dorothy Step, Step, Touch

- 1-2& Step left to left diagonal, lock right behind left, step left to left diagonal
- 3-4 Step right to right diagonal, turn ¼ left touching left beside right (6:00)
- 5-6& Step left to left diagonal, lock right behind left, step left to left diagonal
- 7-8 Step right to right diagonal, Touch left beside right

SEC 4: Side, Behind, ¼ Turn Step Lock Step, Step ½ Pivot, Walk, Walk

- 1-2 Step left to left, step right behind left
- 3&4 Turn ¼ left step left forward, lock right behind left, step left forward (3:00)
- 5-6 Step right forward, pivot ½ left transferring weight onto left (9:00)
- 7-8 Step right forward, step left forward

Tag End of Walls 2 & 5

½ Paddle Turn, Touch

- 1-2 Point right to right, turn ¼ left point right to right
- 3-4 Turn ¼ left point right to right, touch right beside left

Arms

- 1-3 Right arm above head, left arm across stomach (like a Flamenco dancer)
- 4 Drop arms to sides