

Nazam Lebaran

拍数: 72 墙数: 2 级数: Phrased Improver
编舞者: Fonna Queentarina (INA) - May 2021
音乐: Nazam Lebaran - Siti Nurhaliza



Sequence : A, A, B, A, B, A, B 24 Count, B, A, B,B 28 Count, Tag, A

Part A (32 Count)

A 1 Rumba Box R Rumba Box L, Side Touch Side Touch

1 & 2 Step R to side, Step L next to R, step R forward, Touch L beside R
3 & 4 Step L to side, Step R next to L, step L forward, Touch R beside L
5 & 6 Slide R to side, Drag and Touch L beside R
7 & 8 Slide L to side, Drag and Touch R beside L

A 2 Basic Samba, ¾ Volta Turn Over Right

1 a 2 Step R forward, Step L close beside R, a, Recover on R
3 a 4 Step L back, Step R close beside L, a, Recover on L
5 & 6 & Step on Right, L toe behind & step on right, L toe behind &
7 & 8 Step on Right, L toe behind & step on right

A 3 Side, Recover, Behind, Fwd, Fwd, Pivot 1/2, Pivot ¼

1 - 2 Rock L side, Recover on R
3 & 4 Step L behind right, ¼ turn R, Step R fwd & Step L fwd
5 - 6 Step R fwd, ½ turn L, weight on L
7 - 8 Step R fwd, ¼ turn L, weight on L

A 4 Jazzbox, Jazzbox ¼ Turn R

1 - 4 Step R forward, Step L back, Step R to side, Step L beside R
5 - 8 Step R forward, Step L back, ¼ turn R step R to side, step L beside R

Part B (40 Count)

B 1 R Volta, L Volta

1 a 2 Cross R over L, Step L to side, a, Cross R over L, Step L to side
3 a 4 Cross R over L, Step L to side, a, Cross R over L, Step L to side
5 a 6 Cross L over R, Step R to side, a, Cross L over R, Step R to side
7 a 8 Cross L over R, Step R to side, a, Cross L over R, Step R to side

B 2 Samba Whisk R L, Rocking Chair, Forward Shuffle

1 a 2 Step RF to R side, Rock back on LF, Recover on to RF
3 a 4 Step LF to L side, Rock back on RF, Recover on to LF
5 & 6 & Rock forward RF, Recover on to LF, Rock back on RF, Recover on to LF
7 & 8 Step forward RF, Step together LF to RF, Step forward RF

B 3 Samba Whisk L R, Rocking chair, Forward Shuffle

1 a 2 Step LF to L side, Rock back on RF, Recover on to LF
3 a 4 Step RF to R side, Rock back on LF, Recover on to RF
5 & 6 & Rock forward LF, Recover on to RF, Rock back on LF, Recover on to RF
7 & 8 Step forward LF, Step together RF to LF, Step forward LF

B 4 Chasse Right Left, Quarter Chasse Right Left

1 & 2 Step R to side, Step L next to R, Step R to side
3 & 4 Step L to side, Step R next to L, Step L to side
5 & 6 ¼ Turn R, Step R to side, Step L next to R, Step R to side

7 & 8 Step L to side, Step R next to L, Step L to side

B 5 Jazzbox, Jazzbox ¼ Turn R

1 - 4 Step R forward, Step L back, Step R to side, Step L beside R

5 - 8 Step R forward, Step L back, ¼ Turn R step R to side, Step L beside R

KEEP HEALTHY & ENJOY THE DANCE.

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