

Lil Bit

拍数: 32 墙数: 4 级数: Novice
编舞者: Jérôme Ciurana (FR) - May 2021
音乐: Lil Bit - Nelly & Florida Georgia Line



Description : on the lyric do 1 wall and the 16 first step [2WF3H] then do the dance at the end - CCW rotation

[1-8] ROCK SIDE, CROSS, TWIST 1/2 TURN, WIZARD STEP RIGHT AND LEFT

- 1-2 Step RIGHT to right side, Recover weight on LEFT {rock step}
- 3-4 Cross RIGHT over left, Pivot 1/2 turn left [6H]
- 5-6& Step RIGHT forward on right diagonal, Step LEFT lock next to right, Step RIGHT forward on right diagonal {wizard step}
- 7-8& Step LEFT forward on left diagonal, Step RIGHT lock next to left, Step LEFT forward on left diagonal {wizard step}

[9-16] ROCK STEP, BACK WITH SWEEP RIGHT, LEFT, BACK RIGHT, TOUCH LEFT, SHUFFLE FORWARD

- 1-2 Step RIGHT forward, Recover weight on LEFT {rock step}
- 3 Step RIGHT back and sweep LEFT from forward to back
- 4 Step LEFT back and sweep RIGHT from forward to back
- 5-6 Step RIGHT back, Touch LEFT forward (slightly) right
- 7&8 Step LEFT forward, Step RIGHT next to left, Step LEFT forward {shuffle}

[17-24] ROCK STEP, 1/4 TURN CHASSE RIGHT, ROCK BACK, SIDE, HINGE 1/2 TURN RIGHT

- 1-2 Step RIGHT forward, Recover weight on LEFT {rock step}
- 3&4 1/4 turn right and step RIGHT to right side [9 H], Step LEFT beside right, Step RIGHT to right side
- 5-6 Step LEFT back, Recover weight on RIGHT {rock step}
- 7-8 Step LEFT to left side, Pivot 1/2 turn right and step RIGHT to right side [3H]

[25-32] ROCK STEP, COASTER STEP, STEP 1/2 TURN, KICK BALL STEP

- 1-2 Step LEFT forward, Recover weight on RIGHT {rock step}
- 3&4 Step LEFT back, Step RIGHT beside left, Step LEFT forward {coaster step}
- 5-6 Step RIGHT forward, Pivot 1/2 turn left [9H]
- 7&8 Kick RIGHT forward, Ball RIGHT beside left, Step RIGHT forward {kick ball step}

JUST LIL BIT !!!!!!!

Les références des heures ne valent que sur le premier mur

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<http://club.quomodo.com/spiritofcountry/bienvenue.html>