

Good Hearted Woman

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased Advanced
编舞者: David Prestor (SVN) - March 2019
音乐: Good Hearted Woman - Randy Travis



PART A: 32 counts

A1 ROCK STEP, RUN, WALK, WALK, ROCK STEP, FULL TURN, STOMP

1 rock step R back
2 recover L
& step R forward
3 step L forward
4 step R forward
& rock step L forward
5 ¼ turn L & recover R
6 ¼ turn L & step L forward
& ¼ turn L & step R to R
7 ¼ turn L & step L back
8 stomp R beside L

A2 ROCK STEP, COASTER TURNS, SLIDE, SCUFF

1 rock step L forward
2 recover R
& ¼ turn L & close L beside R
3 ¼ turn L & rock step R forward
4 recover L
& ¼ turn R & close R beside L
5 ¼ turn R & rock step L forward
6 recover R
& close L beside R
7 step R forward & drag L toe towards R
8 scuff L beside R

A3 ROCKING CHAIR, HEEL JACK, WAVE, HEEL JACK

& rock step L forward
1 recover R
& rock step L back
2 recover R
& step L to L
3 tap R heel forward
& ball R back
4 cross L over R
& step R diagonal-R-forward
5 step L behind R
& step R diagonal-R-back
6 step L over R
& step R to R
7 tap L heel forward
& ball L back
8 cross R over L

A4 REVERSE MAMBO TURN, HEEL JACK, REVERSE MAMBO TURN, PIVOT

& ¼ turn R & rock step L forward
 1 recover R
 2 ½ turn L & step L forward
 & ¼ turn L & step R to R
 3 tap L heel forward
 & ball L back
 4 cross R over L
 & ¼ turn R & rock step L forward
 5 recover R
 6 ½ turn L & step L forward
 & ¼ turn L & rock step R to R
 7 ¼ turn L & recover L
 8 ¼ turn L & stomp R beside L

PART B: 64 counts

B1 JUMPING JACK, KICKS, SCUFF, SCOOT, CROSS

1 1 jumping jack
 2 & recover on L & flick R
 3 2 kick R forward
 & close R beside L
 4 & kick L forward
 & step L forward
 5 3 scuff R beside L
 6 & scoot L forward
 7 4 scoot L forward
 8 & cross R over L & flick L

B2 JUMPING VINES

1 5 kick L forward
 2 & step L diagonal-L-forward & flick R behind L
 3 6 step R behind L & kick L forward
 4 & step L to L & flick R behind L
 5 7 kick R forward
 6 & step R diagonal-R-forward & flick L behind R
 7 8 step L behind R & kick R forward
 8 & step R to R & kick L forward

B3 JUMPING ROCKING CHAIR VARIATION

1 1 rock step L over R & flick R behind L
 2 & recover R & kick L forward
 3 2 rock step L back & kick R forward
 4 & recover R & flick L behind R
 5 3 rock step L back & kick R forward
 6 & recover R & flick L behind R
 7 4 rock step L back & kick R forward
 8 & recover R & flick L behind R

B4 ROCK STEP, SCOOT TOGETHER, SCOOT TO SIDE, SPIN, STEP, TAP

1 5 rock step L over R & flick R behind L
 2 & recover R & kick L forward
 3 6 jump to L feet together
 5 7 jump to R spread feet
 6 & ¼ turn R & strut L back & kick R forward
 7 8 ¼ turn R & step R forward

8 & tap L toe L

Start of #B

B5 STRUT, TOE STRUT TURNS

1 1 strut L
2 & tap R toe R
3 2 ¼ turn R & strut R forward
4 & ¼ turn R & tap L toe L
5 3 ¼ turn R & strut L back
6 & ¼ turn R & tap R toe R
7 4 ¼ turn R & strut R forward
8 & tap L toe L

B6 STRUT, TOE STRUT TURNS, ROCK STEP

1 5 ¼ turn L & strut L forward
2 & ¼ turn L & tap R toe R
3 6 ¼ turn L & strut R back
4 & ¼ turn L & tap L toe L
5 7 ¼ turn L & strut L forward
6 & rock step R forward
7 8 recover L

B7 JUMPING ROCK STEP, STOMP, JUMPING ROCK STEP, STOMP, KICK

1 1 rock step R back & kick L forward
2 & recover L
3 2 stomp R beside L
4 hold
5 3 rock step L back & kick R forward
6 & recover R
7 4 stomp L beside R
8 & kick R forward

B8: STOMP, FLICK, STOMP, KICK, RUN, RUN, STOMP

1 5 stomp R beside L
2 & flick R
3 6 stomp R beside L
4 & kick L forward
5 7 step L forward
6 & step R forward
7 8 stomp L to L

PHRASED

A :1st wall
A :2nd wall
B :1st wall
B :2nd wall
A :1st wall
A :2nd wall
B :1st wall
B :2nd wall
B :1st wall
B :2nd wall
#B :1st wall

