

Sexy Cowboy

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Giuseppe Scaccianoce (IT) - May 2021
音乐: Hillbillies (Love It In The Hay) - Hot Apple Pie



Also: I'm a Road Hammer by The Road Hammer (music Fast)

(1 - 8) DOWN, UP, R HIP ROLLS, L HIP ROLLS, HITCH, DOWN

- 1 GIRLS : turn body to the R, bending L knee to the ground and R knee half, touching the tip of the hat with R hand; BOYS : half squat
- 2 lift body up, weight on L
- 3- 4 hip roll R-L
- 5 -6 weight on R, hip roll L - R
- 7- 8 hitch R in front of L knee, R step down

(9 - 16) R GRIND, COASTER STEP, L STEP-TURN-STEP, R STEP-TURN-STEP

- 1 -2 R heel grind
- 3 & 4 R coaster step
- 5 &6 step L Fwd, half turn R, step L Fwd
- 7 & 8 step R Fwd, half turn L, step R Fwd

(17 - 24) L GRIND, COASTER STEP, R STEP-TURN-STEP, L STEP-TURN-STEP

- 1 -2 L heel grind
- 3 & 4 L coaster step
- 5 &6 step R Fwd, half turn L, step R Fwd
- 7 & 8 step L Fwd, half turn R, step L Fwd 2

(25 - 32) R LUNGE, STOMP, STOMP, L LUNGE, STOMP, STOMP, RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT

- 1 &2 R side lunge, stomp L twice
- 3 &4 L side lunge, stomp R twice
- 5 &6 small steps Fwd R, L, R
- 7 &8 small steps Fwd L, R, L

(33 - 40) SCUFF HITCH STEP, HANDS ON HIPS, SLOW HIP ROLL, HIP ROLL TWICE

- 1- 2 scuff and hitch R, side step R
- 3 -4 claps hands, put hands on hips
- 5- 6 slow hip roll
- 7- 8 hip roll twice

(41 - 48) SWIVEL TURN, WALK RIGHT LEFT RIGHT LEFT

- 1 -2 step R Fwd, turn 1/4 L (weight to L)
- 3 -4 step R Fwd, turn 1/4 L (weight to L)
- 5- 8 walk Fwd Right, Left, Right, Left

(49 - 56) HOP AND SCUFF, CROSS AND CROSS AND STEP AND CROSS AND STEP AND DOWN, UP

- 1 &2 hop back R, step L, scuff R
- 3 & cross R in front of L, step L
- 4 & cross R in front of L, step L
- 5 & step R, cross L in front of R
- 6 & step R, step L
- 7- 8 bend knees lifting shoulders, stand up

Enjoy Your Dance..!!!!!!
