

Promise

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sharon Hendron (N.IRE) - May 2021
音乐: Promise - Stevie McVeigh



Intro: Begin after 32 counts

FWD ROCK, RECOVER, BK SHUFFLE, ½ TURN X2, COASTER

1,2 Rock fwd R, recover onto L
3&4 Step back R, close L next to R, step back R
5,6 L ½ turn onto L, L ½ turn onto R
7&8 Step back on L, close R next to L, step fwd L

SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER, WEAVE ¼ R

1,2 Rock R to R side, recover onto L
3&4 Cross R over L, bring L behind R, cross R over L
5,6 Rock L to L side, recover onto R
7&8 Step L behind R, ¼ turn R onto R, step fwd L

FWD ROCK, RECOVER, ½ SHUFFLE, ½ TURN X2, FWD SHUFFLE (or shuffle full turn)

1,2 Rock fwd R, recover onto L
3&4 R ¼ turn onto R, close L next to R, R ¼ turn stepping fwd on R
5,6 R ½ turn onto L, R ½ turn onto R
7&8 Step fwd L, close R next to L

ALT. R ½ turn onto L, R ¼ turn onto R, R ¼ turn stepping L fwd

SIDE TOUCH X 2, HIP SWAYS

1,2 Step R to R side, touch L beside R (finger clicks)
3,4 Step L to L side, touch R beside L (finger clicks)
5,6 Sway hips R, L
7,8 Sway hips R,L

Just Let Yourself Get Lost In The Music & Enjoy This Exceptional Independent Singer/Songwriter =)
