

Night Climb

拍数: 48 墙数: 4 级数: Competición: Novice NC
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音乐: The Climb - Miley Cyrus



Secuencia: 48, 40, 48, 48, 16, 48, 32

L NC BASIC, R NC BASIC, HINGE & CROSS, SWAY X 2

- 1.- LF step to the L
- 2.- RF step back
- &.- LF cross over RF
- 3.- RF step to the R
- 4.- LF step back
- &.- RF cross over LF
- 5.- LF step to the L
- 6.- ½ turn R and RF step to the R
- &.- LF cross over RF
- 7.- RF step to the R with sway
- 8.- Recover weight to LF with sway

R NC BASIC, ¼ TURN L, ½ TURN L ROCK BACK, ¼ TURN L ROCK BACK

- 1.- RF step to the R
- 2.- LF step back
- &.- RF forward
- 3.- ¼ turn L and LF step forward
- 4.- ½ turn L and RF step back
- &.- LF step back
- 5.- RF rock back
- 6.- Recover on to LF
- &.- ¼ turn L and RF step to the side
- 7.- LF step back
- 8.- RF rock back
- &.- Recover on to LF

WEAVE TO R, RF SWEEP, WEAVE TO L, LF SWEEP, ROCK BACK, ½ TURN, ROCK BACK

- 1.- RF step to the R
- 2.- LF cross behind RF
- &.- RF step to the R
- 3.- LF cross over RF and sweep RF forward
- 4.- RF cross over LF
- &.- LF step to the L
- 5.- RF behind LF and sweep LF back
- 6.- LF rock back
- &.- Recover on to RF
- 7.- ½ turn R and LF step back
- 8.- RF rock back

L NC BASIC, ROCK BACK, HITCH, BASIC ROCK BACK, SWEEP, DIAGONAL ROCK

- 1.- LF step to L
- 2.- RF step back

- &.- LF step forward
- 3.- RF hitch
- 4.- RF rock forward
- &.- Recover on to LF
- 5.- RF step to the R
- 6.- LF step back
- &.- RF cross over LF
- 7.- ¼ turn L, step LF forward and RF sweep
- 8.- RF Diagonal Rock (7:30)
- &.- Recover on to LF

DIAMOND & SWAY X 2

- 1.- RF step back (7:30)
- 2.- LF step back
- &.- RF step back
- 3.- ¼ turn L and LF step to the L (4:30)
- 4.- RF step forward (4:30)
- &.- LF step forward
- 5.- ¼ turn L and RF step to the R
- 6.- LF step back (1:30)
- &.- RF step back
- 7.- 1/8 turn L and LF step to the L
- 8.- RF step to the R and sway
- &.- Recover weight to LF with sway

CROSS ROCK X 2, ¼ TURN L, SWEEP, SWAY X 2

- 1.- RF cross rock over LF
- 2.- Recover on to LF
- &.- RF step to the R
- 3.- LF cross rock over RF
- 4.- Recover on to RF
- &.- ¼ turn L and LF step to the L
- 5.- RF step forward and LF sweep forward
- 6.- LF cross over RF
- &.- RF step back
- 7.- LF step to the L and sway
- 8.- Recover weight to RF with sway

***RESTARTS:**

***1: 2nd wall, on counts 39 and 40 add an "&", doing 3 sways and begin again**

***2: 5th wall, on count 16 don't do the recover and instead, do a LF touch close to RF**

"THE SIXTH TEAM"
