

My Sweetest Dream

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jeanne Chamas (USA) - April 2021
音乐: Where Are We Goin' - Luke Bryan



No tags or restarts

SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, TOGETHER, SHUFFLE BACK

- 1, 2, 3&4 Step R to R, step L next to R (weight on L), step R forward, step L next to R, step forward R (weight on R) (R,L,R)
5, 6, 7&8 Step L to L, step R next to L (weight on right), step L back, step R next to L, step L back (L,R,L) (weight on L)

STEP BACK, TOUCH, SHUFFLE FORWARD, STEP FORWARD, 1/2 TURN LEFT, TOUCH, SHUFFLE FORWARD

- 1, 2, 3&4 Step back R, touch L in front of R (weight on R), step L forward, step R next to L, step forward L (L,R,L) (12:00)
5,6, 7&8 Step R forward making a 1/2 turn L, touch L in front of R (weight on R) (6:00), step L forward, step R next to L, step forward on L (L,R,L) (weight on L)

CROSS ROCK, RECOVER, SHUFFLE RIGHT, CROSS ROCK, RECOVER, 1/4 TURN LEFT SHUFFLE FORWARD

- 1,2, 3&4 Cross R over L, recover on L, step R to R, step L next to R, step R to R (weight on R)
5,6, 7&8 Cross L over R, recover on R, making a 1/4 L, step L forward, step R next to L, step L forward (weight on L) (3:00)

HIP BUMPS RIGHT & LEFT, JAZZ BOX CROSS

- 1, 2, 3, 4 Slightly stepping ball of R forward, bump hips forward R,L,R, stepping down on R (weight on R), slightly stepping ball of L forward, bump his forward L,R,L, stepping down on L (weight on L)
5, 6, 7, 8 Cross R over L, step back on L, step R to R, cross L over R (weight on L) (3:00)

End of dance!

Styling options & alternatives:

Section 2: Step back, touches: you can slightly bend knees while touching.

Section 4, counts 1-4: Full turn left toe struts: Making 1/2 turn L, (1) R toe, (2) drop R heel (9:00), making 1/2 turn L (3) L toe forward, (4) drop heel (3:00)

Happy dancing!

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Last Update - 7 May 2021