

Family of Choice

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Nathan Gardiner (SCO) - April 2021
音乐: Chosen Family - Rina Sawayama & Elton John



Intro: 36 counts, approx. 30 secs into track

S1: Side R, Behind, Side R, Cross, Side R, Together, Cross, ¼ R, ½ R, ¼ R, Rock Back, Recover, ¼ L, ¼ L

1 Step R to R side
2&3 Step L behind R, Step R to R side, Cross L over R
&4& Step R to R side, Step L next to R, Cross R over L
5-6& ¼ R stepping back on L, ½ R stepping forward on R, ¼ R stepping L to L side
7& Rock back on R, Recover on L
8& ¼ L stepping back on R, ¼ L stepping L to L side

S2: Cross Rock, Recover, Ball, Cross with Sweep, Weave L with Sweep, Step Back with Sweep, Step Back with Sweep, Coaster Step

1-2 Cross rock R over L, Recover on L
&3 Step R slightly to R side, Cross L over R sweeping R from back to front
4&5 Cross R over L, Step L to L side, Step R behind L sweeping L from front to back
6-7 Step back on L stepping R from front to back, Step back on R sweeping L from front to back
8&1 Step back on L (Restart point on walls 2&7), Step R next to L, Step forward on L

S3: Mambo ½ R, ½ R, ½ R, ½ R, ¼ R, Rock Back, Recover, Side Rock, Recover, Cross Rock, Recover

2&3 Rock forward on R, Recover on L, ½ R stepping forward on R
&4& ½ R stepping back on L, ½ R stepping forward on R, ½ R stepping back on L
5-6& ¼ R stepping R to R side, Rock back on L, Recover on R
7& Rock out to L side, Recover on R
8& Cross rock L over R, Recover on R

S4: Side L, Rock Back, Recover, Side R, Rock Back, Recover, ¼ R, Step Back with Sweep, Step Back with Sweep, Sailor ½ R

1-2& Step L to L side, Rock back on R, Recover on L
3-4& Step R to R side, Rock back on L, Recover on R
5-6 ¼ R stepping back on L sweeping R from front to back, Step back on R sweeping L from front to back
7-8& Step back on L sweeping R from front to back, Step R behind L, ½ R stepping L next to R

Restart: On walls 2 and 7 dance 16 counts then restart the dance

Tag: End of wall 3

Sway R, L, R, L

1-2 Sway to R side, Sway to L side
3-4 Sway to R side, Sway to L side

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Last Update - 30 April 2021