

Get Out My Head

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Herman Baso (INA) - April 2021
音乐: Get Out My Head - Shane Codd



No Tag No Restarts

Start the dance after 48 counts intro

S1# WALK - WALK - LOCK SHUFFLE FORWARD (R - L) - ROCK FORWARD - ¼ TURN RECOVER

1, 2 step R forward, step L forward
3&4 step R forward, lock L behind R, step R forward
5&6 step L forward, lock R behind L, step L forward
7, 8 rock R forward, ¼ turn to left recover on L

S2# WEAVE - HEEL TOUCH FORWARD - CLOSE - HEEL TOUCH FORWARD - CLOSE - BIG SIDE STEP - CLOSE

1, 2 cross R over L, step L to side
3, 4 cross R behind L, step L to side
5&6& heel touch R forward, close R next to L, heel touch L forward, close L next to R
7, 8 big step R to side, close L next to R

S3# ROCK FORWARD - RECOVER - LOCK SHUFFLE BACK - ROCK BACK - RECOVER - LOCK SHUFFLE FORWARD

1, 2 rock R forward, recover on L
3&4 step R back, lock L in front of R, step R back
5, 6 rock L back, recover on R
7&8 step L forward, lock R behind L, step L forward

S4# PADDLE TURN - JAZZ BOX

1, 2 step R forward, ¼ turn to left tap L in place
3, 4 step R forward, ¼ turn to left tap L in place
5, 6 cross R over L, step L back
7, 8 step R to side, step L forward

I hope you like it,,, Enjoy the dance .

Best regards,Herman Baso

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