

Disco Lights

拍数: 32 墙数: 4 级数: Beginner
编舞者: Beatriz Gonzalez Paradell (UK) - April 2021
音乐: Hypnotized - Purple Disco Machine & Sophie and the Giants



Intro: 16 count intro

[1-8] STEP TOUCH x 2, JAZZ BOX ¼ TURN RIGHT

- 1 - 2 Step RF diagonally forward, LF touch next to RF
- 3 - 4 Step LF diagonally forward, RF touch next to LF
- 5 - 6 RF cross over LF, LF step backwards ¼ turn right
- 7 - 8 RF step to side, LF step together slightly forward (03:00)

[9-16] KICK BALL CROSS x 2, SIDE ROCK RECOVER, BEHIND SIDE CROSS

- 1&2 RF kick forward, step on ball of R, LF step slightly forward (slightly facing 04:30)
- 3&4 RF kick forward, step on ball of R, LF step slightly forward (slightly facing 04:30)
- 5 - 6 Step RF to R side & sway hips R, sway hips L (weight on left) (03:00)
- 7&8 Step RF behind LF, step LF to L side, cross RF over LF

[17-24] STEP LOCK WITH L HITCH, STEP, LOCK, STEP, ROCK RECOVER, SAILOR ¼ TURN RIGHT

- 1 - 2 Step LF forward (slightly diagonally 10:30), Step RF behind LF as you hitch L knee
- 3&4 LF step forward, RF step behind LF, LF step forward
- 5 - 6 RF rock forward, recover weight on LF
- 7&8 RF cross behind RF, ¼ turn with LF stepping to right, RF step forward (06:00)

[25-32] STEP POINT x 2, JAZZ BOX ¼ TURN LEFT

- 1 - 2 LF step forward slightly crossed over RF, RF point Right
- 3 - 4 RF step forward slightly crossed over LF, LF point Left
- 5 - 6 LF cross over RF, RF step backwards ¼ turn left
- 7 - 8 LF step to side, RF step touch next to left (03:00)

TAG: at the end of wall 3 (facing 09:00)

- 1 - 2 Step RF to R side & sway hips R, Hold
- 3 - 4 Sway hips to LF, hold (weight on left).

Enjoy!