

# Dame Dame No Pares

拍数: 32      墙数: 4      级数: Improver  
编舞者: Rissa Miura (INA) - April 2021  
音乐: No Pares (feat. Sky Monroe) - J. Perry



Intro dance : 16 counts

Restart on Wall 3 after 16 counts

## I. CROSS - BACK - SIDE - CROSS - ¼ TURN R- MAMBO STEP

1-2&      R cross over L, step L back, step R to side  
3-4      L cross over R, ¼ turn right step R forward  
5&6      Step L forward, recover on R, step L back  
7&8      Step R back, recover on L, step R forward

## II. FORWARD ROCK - CLOSE - FORWARD - PIVOT TURN 1/4 L - CROSS SHUFFLE - ¼ TURN L- SIDE TOUCH

1-2&      Step L forward, recover on R, step L beside R  
3-4      Step R forward, ¼ turn left step L in place  
5&6      Cross R over L, step L to side, cross R over L  
7-8      ¼ turn left step L forward, touch R to side

## III. SAILOR STEP - SAILOR ¼ TURN L - CROSS ROCK - SIDE ROCK - BEHIND - SIDE - CROSS

1&2      Step R behind L, step L to side, step R to side  
3&4      Step L behind R, ¼ turn left step R to side, step L forward  
5&6&      Cross R over L, recover on L, Step R to side, recover on L  
7&8      Step R behind L, Step L to side, Cross R over L

## IV. SAMBA SYNCOPATED ¾ TURN R - SIDE MAMBO (R-L)

1&2&      Step L ¼ turn to left fwd, R cross behind L, Step L 1/4 turn to left fwd, R cross behind L  
3&4      Step L 1/4turn to left fwd, step R to side, Cross L over R  
5&6      Step R to side, recover on L, step R together L  
7&8      Step L to side, recover on R, step L together R

Enjoy the Dance!

Contact Me: [riezamiura89@gmail.com](mailto:riezamiura89@gmail.com)