

Live Your Life

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Hiroko Carlsson (AUS) - April 2021
音乐: Live Your Life - Tony Junior & Steff da Campo : (Spotify)



(32 counts intro/Dance start on main lyrics)

[S1] Side, Behind Rock, Reverse Roll to the L Side, Behind Rock

1 2 3 Step R to the side, Rock L behind R, Recover/cross on R
4 5 Make a ¼ turn right stepping back on L, Make a ½ turn right stepping forward on R
6 7 8 Make a ¼ turn right stepping L to the side, Rock R behind L, Recover/cross on L (12:00)

[S2] Side, Behind, 1/8R, Step-Pivot 1/4R, Fwd Rock-1/2L

1 2 3 Step R to the side, Step L behind R, Make a 1/8 turn right stepping forward on R (1:30)
4 5 Step forward on L, Make a ¼ turn right recover weight on R (4:30)
6 7 8 Rock forward on L, Recover weight on R, Make a ½ turn left stepping forward on L (10:30)

[S3] Step-Lock-Step, Step-Pivot 1/4R, Step-Lock-Step

1 2 3 Step forward on R, Lock L behind R, Step forward on R
4 5 Step forward on L, Make a ¼ turn right recover weight on R (1:30)
6 7 8 Step forward on L, Lock R behind L, Step forward on L

[S4] 1/2L w/ Sweep, Back Rock, 5/8R Turn, Cross Shuffle

1 2 Make a ½ turn left stepping back on R and sweeping R back around for 2 counts (7:30)
3 4 Rock back on L, Recover weight on R
5 6 Make a 3/8 turn right stepping back on L, Make a ¼ turn right stepping R to the side (3:00)
7&8 Cross L over R, Step R close to L, Cross L over R

No tags or restarts.

Ending suggestion: The last wall finishes at 9:00. Add the first 3 counts (Side, Behind Rock) and make a ¼ turn right stepping back on L (12:00).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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