

# Sunshine, Lollipops and Rainbows

COPPERKNOB  
STEPSHEETS

拍数: 76      墙数: 1      级数: Improver  
编舞者: Hiroko Carlsson (AUS) - April 2021  
音乐: Sunshine, Lollipops and Rainbows - Lesley Gore : (Spotify)



(Dance starts on lyrics)

## [S1] 2x Side Rock-Behind-Side-Cross

1 2            Rock R to the side, Recover weight on L  
3&4          Step R behind L, Step L to the side, Cross R over L  
5 6            Rock L to the side, Recover weight on R  
7&8          Step L behind R, Step R to the side, Cross L over R (12:00)

## [S2] 2x Fwd Rock-Coaster Step

1 2            Rock forward on R, Recover weight on L  
3&4          Step back on R, Step L next to R, Step forward on R  
5 6            Rock forward on L, Recover weight on R  
7 8            Step back on L, Step R next to L, Step forward on L (12:00)

## [S3] 3x Step-Paddle Turn, Quick Paddle Turn-Together

1 2            Step forward on R, Make a 1/4 turn left recover weight on L (9:00)  
3 4            Step forward on R, Make a 1/4 turn left recover weight on L (6:00)  
5 6            Step forward on R, Make a 1/4 turn left recover weight on L (3:00)  
7&8          Step forward on R, Make a 1/4 turn left recover weight on L, Step R together (12:00)

## [S4] 3x Step-Paddle Turn, Quick Paddle Turn-Together

1 2            Step forward on L, Make a 1/4 turn right recover weight on R (3:00)  
3 4            Step forward on L, Make a 1/4 turn right recover weight on R (6:00)  
5 6            Step forward on L, Make a 1/4 turn right recover weight on R (9:00)  
7&8          Step forward on L, Make a 1/4 turn right recover weight on R, Step L together (12:00)

## [S5] Charleston Step

1 2 3 4        Touch R forward, Step back on R, Touch L back, Step forward on L  
5 6 7 8        Touch R forward, Step back on R, Touch L back, Step forward on L (12:00)

## [S6] Figure 8-Hitch

1 2            Step R to the side, Cross L behind R  
3 4            Make a 1/4 turn right stepping forward on R, Step forward on L  
5 6            Make a 1/2 turn right transferring weight to R, Make a 1/4 turn right and step L to the side  
7 8            Cross R behind L, Hitch L (12:00)

## [S7] Figure 8-Hitch

1 2            Step L to the side, Cross R behind L  
3 4            Make a 1/4 turn left stepping forward on L, Step forward on R  
5 6            Make a 1/2 turn left transferring weight to L, Make a 1/4 turn left and step R to the side  
7 8            Cross L behind R, Hitch R (12:00)

## [S8] Fwd Rock-1/2R Shuffle Fwd, Fwd Rock-1/2L Shuffle Fwd

1 2            Rock forward on R, Recover weight on L  
3&4          Make a 1/2 turn right shuffle forward on R-L-R (6:00)  
5 6            Rock forward on L, Recover weight on R  
7&8          Make a 1/2 turn left shuffle forward on L-R-L (12:00)

**[S9] 2x Side Rock-Cross Shuffle**

1 2            Rock R to the side, Recover weight on L  
3&4           Cross R over L, Step L close to R, Cross R over L  
5 6            Rock L to the side, Recover weight on R  
3&4           Cross L over R, Step R close to L, Cross L over R (12:00)

**[S10] K Step**

1 2            Step R to right front diagonal, Touch L beside R  
3 4            Step L to left back diagonal, Touch R beside L  
5 6            Step R to right back diagonal, Touch L beside R  
7 8            Step L to left front diagonal, Touch R beside L (12:00)

**[S10] V Step**

1 2            Step R to right front diagonal, Step L to left front diagonal,  
3 4            Step R back to centre, Step L back to centre (12:00)

**Ending: Walk forward on R-L-R-L (1 2 3 4), Walk back on R-L-R-L (5 6 7 8), then Step R together.**

**Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
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