

Pues

拍数: 24 墙数: 4 级数: Improver
编舞者: Maya Sofia (INA) & Sari Scld (INA) - April 2021
音乐: Pues (feat. Sean Paul,R3hab) - Luis Fonsi



Intro: 16 Count - No Tag No Restart

S1 : DIG (R,L)- CROSS SHUFFLE- 1/2 FORWARD - IN PLACE - 1/4 FORWARD- FORWARD MAMBO

1&2&3&4 touch R heel forward,step R together,touch L heel forward,step L together,cross R over L,
step L to side,cross R over L

5&6, 7&8 1/2 turn to left step L forward,step R in place,1/4 turn to left step L forward,Rock R
forward,recover on L,step R together (3.00)

S2 : FORWARD ROCK - RECOVER - SIDE ROCK -RECOVER- BACK ROCK -RECOVER -TOGETHER- CROSS OVER - 1/4 BACK - COASTER STEP

1&2&3&4 rock L forward,recover on R , rock L to side,recover on R,rock L back ,recover on R,step L
together

5-7&8 cross R over L,1/4 turn to right step L back,step R back , step L together,step R forward
(6.00)

S3 : BOTAFOGO - FORWARD LOCK SHUFFLE - 1/4 SYNCOPATED WEAVE

1&2,3&4 Cross L over R,Rock R to side,recover on L ,step R forward,lock L behind R,step R forward

5&6&7&8 1/4 turn to left cross L over R,step R to side,cross L behind R,step R to side ,cross L over
R,step R to side ,cross L behind R (3.00)