

# Ballinas Cha Cha

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Intermediate  
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音乐: Besame - Andres Ballinas



## SESSION 1: SIDE- CROSS ROCK -RECOVER- SIDE CHASSE- 1/2 PIVOT AND FLICK (Rf)- FORWARD LOCK SHUFFLE

1-2-3      step R to side- cross rock L over R - recover on R  
4&5      Step L to side- step R together- step L to side  
6-7      Step R forward- turn ½ L, flick R f  
8&1      Step R forward- Lock L behind R- step R forward

## SESSION 2: CUBAN BREAK R-L - 1/4 DIAMOND

2&3      Cross L over R- recover on R- step L to side on Ball  
4&5      Cross R over L- recover on L - step R to side On ball  
6&7      cross L over R- turn ¼ L, step R back (3.00)- Step L to side  
8&1      Cross R over L- step L in place- step R to side

**\* RESTART HERE ON WALL 4 AFTER 16 COUNT**

## SESSION 3: SWAY L-R- CROSS SHUFFLE- SIDE ROCK- RECOVER -TURN ¼ R (6.00) ,COASTER STEP

2-3      Sway L- R  
4&5      Cross L over R- step R slightly to side- cross L Over R  
6-7      Rock R to side- recover  
8&1      Turn ¼ to R and Step R back ( with ronde)- step L beside R- step R Fwd.

## SESSION 4: BUMPING HIP TWICE- BEHIND - SIDE- CROSS -STEP BACK, HOOK- FORWARD-CROSS-TOGETHER-SIDE

2&3      Touch R diagonal to side- bumping hip twice  
4&5      Step L behind R-step R to side- cross L over R  
6-7      Turn ¼ L , Step R back, hook L f over R knee- Step L forward  
8&      Cross R over L- step L beside R (optional : step L in place)

**TAG: 8 C - AFTER WALL: 9 (facing 3.00)**

## STEP SIDE- SYNCOPATED CUBAN BREAKS -VOLTA TURN ¾ TO R

1,2&3&4&5      Step R to side(1) - cross rock diagonal L over R(2)- recover on R(&)- step L to side on ball(3)-  
Step R in place (&) Cross rock diagonal L over R(4) - recover on R (&) - step L to side(5)  
6&7&8&      Turn ¼ R, Step R forward (6)(facing 6.00)- step L beside R (&) Turn ¼ R , step R forward (7)  
(facing 9.00)- step L beside R (&) Turn ¼ R, step R forward(8) (facing 12.00) - step L beside  
R (&)

**On wall 10, start facing 3.00**

**RESTART on Wall 4 after 16 count**

**Enjoy the dance, be happy !!!**

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Last Update - 7 May 2021