Penjaga Hati

拍数: 32

级数: High Beginner

编舞者: Muhammad Yani (INA) - April 2021

音乐: Penjaga Hati - Ari Lasso

Intro : Start dance after 8 counts / start on vocal Sequence : 32 - 8 - 32 - 20 - 32 - 12 - 32 - 32 - 24 - 32 - 32 - 32 - 13 (ending)

NIGHT CLUB BASIC (R-L) - FORWARD ROCK - BACK ROCK

- 1-2& Step RF to R, cross LF behind RF, step RF in place
- 3-4& Step LF to L, cross RF behind LF, Step LF in place
- 5&6 Step RF forward, recover on LF, next RF to back
- 7&8 Step LF backward, recover on RF, next LF forward

WALK (R-L) - FORWARD ROCK - BACK WALK (L-R) - COASTER STEP

- 1-2 Step RF forward, step LF forward
- 3&4 Step RF forward, recover on LF, next RF to back
- 5-6 Step LF backward, step RF backward
- 7&8 Step LF backward, close RF beside LF, next step LF forward

RUMBA BOX - PIVOT ½ TURN LEFT - PIVOT ¼ TURN LEFT

- 1&2 Step RF to R, close LF beside RF, next step RF forward
- 3&4 Step LF to L, close RF beside LF, next step LF forward
- 5-6 Step RF forward, ½ turn L recover on LF (06.00)
- 7-8 Step RF forward, ¼ turn L recover on LF (03.00)

WEAVE WITH SWEEP - CROSS BACK - SIDE - FORWARD - OUT-OUT - IN-IN

- 1&2 Cross RF over LF, step LF to L, next step RF to back with sweep from front to back
- 3&4 Cross LF behind RF, step RF to R, next step LF forward
- 5-8 Step RF forward diagonal, step LF forward diagonal, step RF to back, next close LF beside RF

Restarts :

wall 2 after 8 counts (last counts close LF beside RF)

wall 4 after 20 counts

wall 6 after 12 counts (last counts close RF beside LF)

wall 9 after 24 counts (last counts turn 3/4 left)

Ending : wall 13 after 12 counts and next big side LF to L back to start facing

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墙数:4