

Best Day

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Phrased Intermediate
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音乐: Best Days of Your Life - Kellie Pickler



Phrased (intro 64 tempi-A-A-B-B 8 Count restart-A-A-B-B-B 8 Count restart A TAG (8COUNT)B-B-B-B 24 Count+Final

Parte A - 32 counts

STEP LOCK STEP, SCUFF, STEP TURN, STEP TURN

1-2 Step Diagonally Forward Right, Cross Step Left Back Right
3-4 Step Diagonally Forward Right, Scuff Left Next Right
5-6 Step Left Forward, Half Turn ½ Right With Step Right Forward
7-8 Step Left Forward, Half Turn ½ Right With Step Right Forward

STEP BACK LOCK STEP, STOMP UP, ROCK TURN, ROCK TURN

1-2 Step Left Back Diagonally, Cross Right Over Left
3-4 Step Left Back Diagonally, Stomp Up Right Next Left
5-6 Half Turn ½ Right With Right Forward, Recover Left
7-8 Half Turn ½ Right With Right Forward, Recover Left

ROCK STEP BACK, TOE STRUT TURN, TOE STRUT TURN, ROCK STEP

1-2 Rock Back Right, Recover On Left
3-4 Half Turn ½ Left Toe Right, Drop Hell Right
5-6 Half Turn ½ Left Toe Left, Drop Hell Left
7-8 Rock Step Forward Right, Recover Left

TOE STRUT BACK, TOE STRUT BACK, 2 STEP BACK, TURN

1-2 Step Back Toe Right, Drop Hell Right
3-4 Step Back Toe Left, Drop Hell Left
5-6 Step Back Right, Left Beside Right
7-8 Step Right Forward, Half Turn ½ Left With Step Left Forward

Parte B - 32 counts

SIDE SHUFFLE, ROCK STEP, KICK BALL CROSS, SLIDE TOUCH

1&2 Shuffle Right, Right Left Right
3-4 Rock Step Left Back, Recover On Right
5&6 Kick Ball Cross Left
7-8 Slide Left Side, Beside Right Next Left

(Wall 4- 9 Ore 6:00 Restart With Part A)

SAILOR STEP, SAILOR STEP, ROCK STEP, SAILOR TURN

1&2 Sailor Step Right
3&4 Sailor Step Left
5-6 Rock Step Right Forward, Recover Left
7&8 Sailor Turn Right, Half Turn ½ Right With Step Right Forward

Side Shuffle, Rock Step, Kick Ball Cross, Kick Ball Cross

1&2 Shuffle Left Right Left On Left
3-4 Step Right Back, Recover Left
5&6 Kick Ball Cross Right
7&8 Kick Ball Cross Right

Turn Left, Turn Left, Rock Step, Out, Out, In, In

- 1-2 Step Right Forward, Half Turn ½ Left With Step Left Forward
- 3-4 Step Right Forward, Half Turn ½ Left With Step Left Forward
- 5-6 Rock Forward Right, Recover On Left
- &7 Over Right Side Over Left Side
- &8 Close Right To Center, Close Left To Center

TAG - ROCKING CHAIR, TURN LEFT, TURN LEFT

- 1-2 Step Forward Right, Recover Left
- 3-4 Step Back Right, Recover Left
- 5-6 Step Right Forward, Half Turn ½ Left With Step Left Forward
- 7-8 Step Right Forward, Half Turn ½ Left With Step Left Forward

Final**SLIDE, TOUCH**

- 1 Big Step Right Diagonally Right
- 2 Close Left Next Right

Last Update - 27 April 2021
