

Oh! Waterloo

拍数: 56 墙数: 4 级数: High Beginner
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音乐: Waterloo - ABBA



Intro: 16 counts

Sec1: Forward, Lock, Step, Scuff, Forward, Lock, Step, Scuff

1-2 Step RF diagonally forward, Step LF behind RF
3-4 Step RF forward, Scuff LF Forward
5-6 Step LF diagonally forward, step RF behind LF
7-8 Step LF forward, Scuff RF forward

Sec2: Jazz Box, Cross, 1/4 R Turn Monterey

1-2 Cross RF over LF, Step LF back
3-4 step RF to R, Cross LF over RF
5-6 Touch RF to R, 1/4 R Turn Step RF beside LF
7-8 Touch LF to L, Step LF beside RF

Sec3: R Chasse, Back, Rock, Recover, Side Rock, Recover, Back Rock Recover

1&2 Step RF to R, Step LF beside RF, Step RF to R
3-4 Rock LF behind RF, Recover on RF
5-6 Rock LF to L, Recover on RF
7-8 Rock LF behind RF, Recover on RF

Sec4: L Chasse, Back Rock, Recover, Side Rock, Recover, Cross, 1/2 L Unwind

1&2 Step LF to L, Step RF beside LF, Step LF to L
3-4 Rock RF behind LF, Recover on LF
5-6 Rock RF to R, Recover on LF
7-8 Cross RF over LF, Unwind 1/2 L Turn weight on LF

Sec5: Forward Walks (R, L, R), Kick, Back Walks (L, R, L), Touch

1-2 Step RF forward, Step LF forward
3-4 Step RF forward, kick LF forward
5-6 Step LF back, Step RF back
7-8 Step LF back, Touch RF beside LF

Sec6: R Vine, L Vine(with shimmy)

1-2 Step RF to R, Step LF behind RF
3-4 Step RF to R, Touch LF beside RF
5-6 Step LF to L, Step RF behind LF
7-8 Step LF to L, Step RF beside LF (5~8 with shimmy)

Sec7: Out, Out, Hold, In, In, Hold, Out, Out, In, In, Out, Out, In, In

&1-2 Step RF to R, Step LF to L, Hold
&3-4 Step RF in place, Step LF beside RF, Hold
&5&6 Step RF to R, Step LF to L, Step RF in place, Step LF beside RF
&7&8 Step RF to R, Step LF to L, Step RF in place, Step LF beside RF

Restarts:

After 32counts 3wall (facing 3:00),

After 40counts 6wall (facing 6:00)

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