# Bella Ciao!

级数: Beginner



**拍数:** 32 **墙数:** 2 编舞者: Judy Worth (CAN) - April 2021

音乐: Bella ciao - Fonola Band

\*\*2 Tags - end of Walls 2 and 4

Intro: 1 count (Immediate start)

### [01 - 08]: Walk R, Walk L, R Shuffle Forward, L Forward Rock, R Recover, L Coaster

- 1-2 RF step forward, LF step forward
- 3&4 Step RF forward, step LF beside RF, step forward on RF
- 5-6 Rock forward on LF, recover on RF
- 7&8 Step LF foot back, step RF beside LF, step LF forward

# [9 - 16]: Diagonal Forward R Lock Step (or Shuffle), Diagonal Forward L Lock Step (or Shuffle), ½ Turn Extended Shuffle over R

- 1&2 Step RF forward to right diagonal, step LF crossed behind RF, step RF forward to right diagonal
- 3&4 Step LF forward to left diagonal, step RF crossed behind left, step LF forward to left diagonal
  5&6& Step forward to the right diagonal on RF (5), Close LF next to RF (&), Step forward 1/8 to the right on RF (6), Close LF next to RF (&)
- 7&8 Step forward 1/8 turn to the right on RF (7), Close LF next to RF (&), Step forward 1/8 turn to the right on RF (8) (6 o'clock)

### [17 - 24]: L Cross, Step R Side, L Sailor, R Sailor, L Touch Behind, Unwind L ½ Turn

- 1-2 Cross step LF over RF, Step RF to R side
- 3&4 Step LF behind RF, step RF to R side, step LF beside RF
- 5&6 Step RF behind LF, step LF to L side, step RF beside LF
- 7-8 Touch LF behind RF, unwind <sup>1</sup>/<sub>2</sub> turn to L placing weight on LF (12 o'clock)

#### [25 - 32]: R Forward Lock Step, 1/2 L Pivot, R Rocking chair

- 1-2 Step RF forward, step LF crossed behind RF as you pop R knee
- 3-4 Step RF forward, turn ½ left placing weight on LF (6 o'clock)
- 5-6 Rock RF forward, recover to LF
- 7-8 Rock RF back, recover to LF

#### End of dance.

## TAG: 4 Count Tag at the End of Wall 2 and Wall 4 (both facing 12 o'clock)

#### R Rocking Chair (repeats last 4 counts of dance)

- 1-2 Rock RF forward, recover to LF
- 3-4 Rock RF back, recover to LF

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