

Capone

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sally Hung (TW) - April 2021
音乐: Capone - Ian Lumley



Intro: 16 counts - Sequence of dance: 16,32,32/16,32,32/16,32,32

S1. KICK BALL CROSS (X2), SIDE ROCK RECOVER, BEHIND SIDE CROSS

1&2 Kick R to R diagonal, step R next to L, cross step L over R
3&4 Repeat 1&2
5,6 Rock R to R, recover onto L
7&8 Cross step R behind L, step L to L, cross step R over L

S2. SIDE TOUCH (X2), FWD ROCK RECOVER, COASTER STEP

1,2,3,4 Step L to L side, touch R over L, step R to R side, touch L over R
5,6 Rock L fwd, recover onto R
7&8 Step back on L, step R together, step L fwd

S3. STEP, PIVOT ¼ TURN L, CROSS SHUFFLE, SIDE ROCK RECOVER, BALL, SIDE ROCK RECOVER

1,2, 3&4 Step R fwd, Pivot ¼ turn L, cross shuffle on RLR
5,6 & 7,8 Rock L to L, recover on R, step L together, rock R to R, recover on L

S4. ROCKING CHAIR, FWD, TOUCH TOGETHER, ½ L FWD, TOUCH TOGETHER

1,2,3,4 Rock R fwd, recover on L, rock back on R, recover on L
5,6,7,8 Step R fwd, touch L together, ½ turn L stepping L fwd, touch R together

Happy Dancing!

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