

Russian Queen

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2
编舞者: Michael Lynn (UK) - April 2021
音乐: Rasputin - Majestic & Boney M.

级数: Absolute Beginner



(32 count intro, 120 bpm)

Music Available on iTunes, Amazon Music, 7Digital, Spotify, etc

The arms are completely optional but very easy, please see demo video for a demonstration of how they look. Please do not be put off by them.

S1: CAMEL WALKS x2

1-2 Step right forward (to right diagonal), slide left beside right
3-4 Step right forward, touch left beside right
5-6 Step left forward (to left diagonal), slide right beside left
7-8 Step left forward, touch right beside left

S2: GRAPVINE RIGHT, GRAPEVINE LEFT

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, touch left beside right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, touch right beside left

S2: Optional Arms Count 1 the right arm is horizontal out to the right side-the right palm is facing out like to say stop, the left arm crossed in front of the chest palm is mirroring the right hand

Count 2 the left arm is horizontal out to the left side-the left palm is facing out like to say stop, the right arm crossed in front of the chest palm is mirroring the left hand

Count 3 the right arm is horizontal out to the right side-the right palm is facing out like to say stop, the left arm crossed in front of the chest palm is mirroring the right hand

Count 4 drop both hands straight down either side of your thighs

Counts 5-8 mirror exactly arms L,R,L, Drop Hands

S3: STEP-TOUCH, STEP TOUCH, PIVOT 1/2 TURN, STEP-TOUCH

1-2 Step right forward, touch left beside right
3-4 Step left forward, touch right beside left
5-6 Step right forward, pivot 1/2 turn left - (06:00)
7-8 Step right forward, touch left beside right

S4: KOSAK HEEL TOUCHES x2

1-2 Touch left heel forward, touch left heel to left diagonal
3-4 Touch left heel to left side, step left beside right
5-6 Touch right heel forward, touch right heel to right diagonal
7-8 Touch right heel to right side, touch right beside left

S4: Optional Arms Count 3 the left arm is across the body touching the right hip and the right arm is raised above your head with the palm facing upwards (like a matador)

Count 4 drop both hands straight down either side of your thighs

Count 7 the right arm is across the body touching the left hip and the left arm is raised above your head with the palm facing upwards (like a matador)

Count 8 drop both hands straight down either side of your thighs

No tags or restarts. Enjoy!