

Moscow Nights (莫斯科郊外的晚上)

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Intermediate
编舞者: Betty Dance (HK) - April 2021
音乐: Moscow Nights (莫斯科郊外的晚上) - Zhao Peng (赵鹏)



Intro : 32 (8x4) counts (Starts on vocal)

Section 1 - FORWARD STEP x 3, HEEL, BACK STEP X 3, POINT

1-2-3-4 Forward step L, R, L, heel R
5-6-7-8 Back step R, L, R, point L

Repeat 1-8

Section 2 - SIDE, BACK, SIDE, HEEL, STEP, STEP, HEEL, STEP, HEEL

1-2-3-4 Step L to L side, back R behind L, step L to L side, heel R
5-6-7-8 Step R next to L, heel L, step L next to R, heel R

Repeat 1-8 (with start on R step)

Section 3 - (TOE, HEEL, STEP X 3) X 2

1-2-3&4 Toe L, heel L, step L, R, L
5-6-7&8 Toe R, heel R, step R, L, R

Repeat 1-8

Section 4 - (BACK, FORWARD, RECOVER, HOLD) X 2

1-2-3-4 Back L, forward R, recover L, hold
5-6-7-8 Back R, forward L, recover R, hold

Repeat 1-8

Section 5 - (SIDE, TOGETHER, SIDE, POINT) X 2

1-2-3-4 Step L to L side, step R next to L, step L to L side, point R next to L
5-6-7-8 Step R to R side, step L next to R, step R to R side, point L next to R

Repeat 1-8

Section 6 - (FORWARD SHUFFLE, FLICK, STEP, FLICK with ½ turn, STEP, FLICK) x 2

1-2-3-4 Step forward L, step ball of R next to L, step forward L, flick up R
5-6-7-8 Step forward R, flick up L with a R ½ turn (6:00), step forward L, flick up R

Repeat 1-8 (with start on R step)

A Tag of 8 counts on completion of each round of 96 steps (48 steps on the 3rd round)

Hand and foot movements are included to improve body coordination.
Please watch my dance demo cum tutorial video for hand styling and practice!
Let's be happy & dance in the sun!

Enjoy Dancing with Betty!