

Me Das Calor

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Hotma Tiarma Purba (INA) - April 2021
音乐: Me Das Calor - Widy



Intro: 32 counts - No tag and no restart!

I. FWD MAMBO, BACK MAMBO, SAMBA WHISK R-L

1&2 Step R fwd, recover on L, close R beside L
3&4 Step L back, recover on R, close L beside R
5a6 Step R to side, step L behind R, step R in place
7a8 Step L to side, step R behind L, step L in place

II. VOLTA ½ TURN R, ¼ TURN L SWAY L-R-L-R

1&2& 1/8 Turn R stepping R fwd, step L on ball, 1/8 turn R stepping R fwd, step L on ball
3&4 1/8 Turn R stepping R fwd, step L on ball, 1/8 turn R stepping R fwd (6.00)
5-6 ¼ Turn L stepping L to side (3.00), recover on R
7-8 Step L in place, step R in place

III. CROSS MAMBO L-R, FWD, ½ TURN BACK, SAILOR

1&2 Cross L over R, recover on R, step L to side
3&4 Cross R over L, recover on L, step R to side
5-6 Step L fwd, ½ turn L stepping R back (9.00)
7&8 Step L behind R, step R to side, step L to side

IV. LOCK SHUFFLE R-L, SIDE MAMBO R-L WITH SHIMMY

1&2 Step R to diagonal, lock L behind R, step R to diagonal
3&4 Step L to diagonal, lock R behind L, step L to diagonal
5&6 Step R to side, recover on L, close R beside L (with shimmy)
7&8 Step L to side, recover on R, close L beside R (with shimmy)

Enjoy the dance!

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