

Por una Cabeza

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Improver
编舞者: Pirkko Juntunen (FIN) - April 2021
音乐: Por Una Cabeza - The Violin Brothers



Intro: 15 secs. Start with weight on Right foot

Tags: 2 - Restarts: No

Sequence: A, A, Tag 1, B, B Sections 1 and 2, Tag 2. A, A, Tag 1, B, B Sections 1 and 2, Tag 2. Ending.

PART A (12.00 o'clock)

Section 1 - Forward, Flick, On Place, Hook, Forward x2, Step back, Sweep

1-4 Step forward Left (1), Flick Right back (2), Step on Place Right (3), Hook Left over Right (4).
5-8 Step forward Left (5), Step forward Right (6), Step back Left (7), sweep Right out and around
 from front to back (8).

Section 2 - Step Back and Sweep x2, Step Forward x2, Point

1-4 Step back Right (1), sweep Left back (2), step back Left, (3), sweep Right back (4)
5-8 Step back Right (5), Step forward Left (6), Step forward Right Point side Left (8).

Section 3 - Cross, Point, Back, Hook, Side, Touch

1-4 Cross Left over Right (1), Point Right side (2), Cross Right over Left (3), Point Left side (4).
5-8 Back Left (5), Hook Right (6), Side Right (7), Touch Left (8).

Section 4 - Serpiente, Touch

1-4 Step Left across in front of Right (1), Squaring the body up to the front, step Right to right
 side (2), Step Left crossed behind Right (3), Sweep Right toe out to right side and back (4).
5-8 Step Right crossed behind Left (5), Step Left to left side (6), Step Right crossed in front of
 Left (7), Touch Left / ¼ Turn sharply right in repetition (8).

Tag 1 (3.00 o'clock) Obs: Counts: 6!

Point, Blick, Glide

1-4 Stump side Left (1), Hold (2), Point Left side (3), Hold (4)
5-6 Blick left (5), Blick right (6).

PART B

Section 1 (3.00 o'clock) - Slow Tango Walks Forward x2, Tango draw

1-4 Forward Left (1), Hold (2), Forward Right (3), Hold (4).
5-8 Forward Left (5), Large step Right to right side, (6), Slowly draw Left toe to Right foot ending
 with Left toe touched beside Right foot (7-8).

Section 2 - Step Back and Sweep x2, Step Forward x2, Touch

1-4 Step back Left (1), Hold (2), Step back Right (3), Hold (4).
5-8 Step back Left (5), Step forward Right (6), Step forward Left (7), Hold (8).

Section 3 - Cross Rock x3, Flick, Cross rock x3, Flick, Hold

1 Turning body slightly to the left, rock Right foot forward across front of Left.
2 Recover weight back to Left foot.
3 Rock weight forward to Right foot in the same place as it was
4 Flick Left foot up behind as the body is turning slightly to the right.
5 With body angled slightly to the right, rock Left foot forward across front of Right.
6 Recover weight back to Right foot.
7 Rock weight forward to Left foot in the same place as it was.
8 Hold.

Section 4 - Cross Right, ½ turn, Step Left, Right, Left, ½ Pivot, Step Right, Stump Left

- 1-4 Cross Right over Left (1), 1/2 turn left (2), Step forward Left (3), Step forward Right (4).
5-8 Step forward Left (5), ¼ Pivot right (6), Step Right side (7), Touch sharply Left beside Right (8).

Tag 2: (12.00)

Cross rock, Recover, Flick, Cross rock, Recover, Step back, Touch.

- 1-4 Cross rock Right over Left (1), Recover on Left (2), Cross rock Right over Left (3), Flick (4).
5-8 Cross rock Left over Right (5), Recover on Right (6), Touch Left (7), Hold (8).

The Ending of this Dance after Tag 2.

Ending (12.00 o'clock) Slow Serpiente, Rock left, Rock right, Touch

- 1-4 Cross Left over Right (1-2), Step Right side (3-4).
5-8 Left behind Right (5-6), Sweep Right behind Left (7), Cross Right behind Left (8).
- 1-4 Step Left side (1-2), Step forward Right (3-4).
5-8 1/2 Pivot left (5-6), Step forward Right (7-8).
- 1-4 Cross Left over Right (1-2), Step Right side (3-4).
5-8 Step Left behind Right (5-6), Touch Right beside Left (7-8).
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