

Rockin' Pneumonia

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Novice
编舞者: Thomas Haynes (USA) - April 2021
音乐: Rockin' Pneumonia and the Boogie Woogie Flu - Johnny Rivers



TOE HEEL FANS RIGHT AND LEFT.

- 1-2- With feet together, fan out right toes, fan out with right heel
- 3-4- Return right heel back to center,return right toes back to center
- 5-6- Fan out with left toes,fan out on left heel
- 7-8- Return left heel to center,return left toes to center,weight on left

SIDE STEP TOUCHES.

- 1-2- Side step to the right right,touch left next to right
- 3-4- Step forward on left, touch right up net to left
- 5-6- Step back on right,touch left next to right
- 7-8- Side step left to the left,touch right next to left

Right and left vines with 1/4 turn left

- 1-2- Step out on right,cross left behind right
- 3-4- Step out on right,touch left next to right
- 5-6- Step out on left, cross right behind left
- 7-8- Step out on left turning 1/4 tun left,touch right next to left

Rock steps, small walking step forward

- 1-2- Rock forward on right,recover on left
- 3-4- Rock back on right,recover on left
- 5-6- Small step forward on right,left
- 7-8- Small step forward on right,left beside right(optionl left stomp)

(on steps 5-8 knees bend with body twist)

Begin again....
