

Redneck Woman

拍数: 40 墙数: 2 级数: Low Intermediate
编舞者: Jim Ray (USA) - April 2021
音乐: Redneck Woman - Gretchen Wilson



Intro: Hold 16 then start dance

ROCK STEP, BEHIND, SIDE, IN FRONT, TRAVEL LEFT, AS YOU DO GRAPEVINE, ROCK STEP LEFT, GRAPEVINE RIGHT

1,2 Weight On Left, Step Right To Right (Rock), Shift Wt. Back To Left (Step)
3&4 Cross Right Behind Left, Step Left To Left, Step Right In Front Of Left
5,6 Weight On Right, Step Left To The Left (Rock), Shift Wt. To Right (Step)
7&8 Step Left Behind Right, Step Right To Right, Step Left In Front Of Right

STEP RIGHT TO THE RIGHT, LEFT BEHIND, TURN 1/2 RIGHT STEPPING RIGHT, LEFT, RIGHT, STEP LEFT, RIGHT BEHIND, LEFT, RIGHT BEHIND, LEFT

1,2 Step Right To The Right, Step Left Behind Right
3&4 Turn A 1/2 Right Stepping Right, Left, Right
5,6 Step Left Forward, Slide Right Behind Left
7&8 Step Left Forward, Slide Right Behind Left, Step Left Forward

STEP RIGHT TO RIGHT, LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT, LEFT TOGETHER, RIGHT, LEFT KICK FORWARD, LEFT KICK TO THE LEFT, SAILOR STEP

1,2 Step Right To The Right, Step Left Behind Right
3&4 Step Right To The Right, Left Together, Right To Right
5,6 Kick Left Forward, Kick Left To The Left
7&8 Step Left Behind Right, Step Right in Place, Step Left To The Left

KICK RIGHT FOOT FORWARD, KICK RIGHT TO TIGHT SIDE, SAILOR STEP, 2 MORE SAILOR STEPS

1,2 Kick Right Foot Forward, Kick Right Foot To The Right
3&4 Step Right Foot Behind Left, Step Left In Place, Step Right To Right
5&6 Step Left Behind Right, Step Right In Place, Step Left To The Left
7&8 Step Right Behind Left, Step Left In Place, Step Right To The Right

LEFT, 1/2 TURN SAILER STEP, SHUFFLE FORWARD, STEP LEFT, PIVOT A 1/2 RIGHT, SHUFFLE FORWARD

1&2 Left 1/2 Turn, Step Left Behind Right, Turn Right A 1/4 Left, Step Left A 1/4 Left
3&4 Shuffle Forward Right, Left, Right
5,6 Step Left Forward, Pivot A 1/2 Right
7&8 Shuffle Forward Left, Right, Left

(START OVER)

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