

Like I'm Gonna Lose You

COPPER KNOB
BY SHEETS

拍数: 48 墙数: 2 级数: Intermediate NC
编舞者: YoungSoon Song (KOR) & Evonne Ng (MY) - April 2021
音乐: Like I'm Gonna Lose You (feat. John Legend) - Meghan Trainor



Restart: After 16counts at wall5

S1: ROCK, RECOVER, TOGETHER, FORWARD/SWEEP, CROSS OVER, SIDE, SLIGHTLY BACK, RECOVER, 1/4 TURN L, 1/4 TURN L, DIAGONAL FORWARD, TOUCH

1-2& RF Rock Forward(1), LF Recover(2), RF Together(&)
3-4& LF Step Forward with RF Sweep Forward(3), RF Cross Over(4), LF Step L(&)
5-6& RF Slightly Rock Backwards(1:30)(5), LF Recover(facing on 12:00)(6), RF 1/4 Turn L Step Backwards(9:00)(&)
7-8& LF 1/4 Turn L Step Side(6:00)(7), RF Diagonal Step Forward(4:30)(8), LF Cross Behind Toe Touch(&)

S2: BACKWARDS/HITCH, CROSS BEHIND, SIDE, CROSS ROCK FORWARD, RECOVER, TOGETHER, VOLTA FULL TURN L

1-2& LF Recover Step Backwards with RF Hitch(6:00)(1), RF Cross Behind(2), LF Step L(&)
3-4& RF Cross Rock Forward(3), LF Recover(4), RF Together(&)
5&6& LF Step 1/4 Turn L(3:00)(5), RF Together(&), LF Step 1/4 Turn L(12:00)(6), RF Together(&)
7&8 LF Step 1/4 Turn L(9:00)(7), RF Together(&), LF Step 1/4 Turn L(6:00)(8)

(*Restart at Wall 5)

S3: CROSS ROCK FORWARD, RECOVER, SIDE, CROSS OVER, RECOVER, 1/4 TURN L, SPIRAL FULL TURN, FORWARD, 1/4 TURN R, CROSS BEHIND, 1/4 TURN R, SIDE

1-2& RF Cross Rock Forward(1), LF Recover(2), RF Step R(&)
3-4& LF Cross Over(3), RF Recover(4), LF Step 1/4 Turn L(3:00)(&)
5-6& RF Step Forward Spiral Full Turn L(5), LF Step Forward(6), RF 1/4 Turn L Step Side(12:00)(&)
7-8& LF Cross Behind(7), RF 1/4 Turn R Step Forward(3:00)(8), LF Step L(&)

S4: WEAWE, FORWARD, 1/2 PIVOT TURN R, 1/4 PIVOT TURN R

1&2& RF Cross Behind(1), LF Step L(&), RF Cross Over(2), LF Step L(&)
3&4 RF Cross Behind(3), LF Step L(&), RF Step Forward(4)
5-6 LF Step Forward(5), RF 1/2 Turn R(9:00)(6)
7-8 LF Step Forward(7), RF 1/4 Turn R(12:00)(8)

S5: CROSS FORWARD/FLICK X3, CROSS ROCK, RECOVER WITH SWEEP, SWEEP BACKWARDS X3, CROSS ROCK BACK, RECOVER

1&2& LF Cross Forward(1), RF Flick(&), RF Cross Forward(2), LF Flick(&)
3&4& LF Cross Forward(3), RF Flick(&), RF Cross Rock(4), LF Recover with RF Sweep Backwards(&)
5-6 RF Cross Step Backwards with LF Sweep Backwards(5), LF Cross Step Backwards with Sweep Backwards(6)
7-8& RF Cross Step Backwards with LF Sweep Backwards(7), LF Cross Rock Back(8), RF Recover(&)

S6: CROSS OVER, SIDE, SLIGHTLY BACK, RECOVER, SIDE, SLIGHTLY BACK, RECOVER, RECOVER, 1/4 TURN L, BACKWARDS, RECOVER, 1/2 TURN R, 1/4 TURN R, TOGETHER

1&2 LF Cross Over(1), RF Step R(&), LF Slightly Step Backwards(10:30)(2)
3&4 RF Recover(facing 12:00)(3), LF Step L(&), RF Slightly Step Backwards(1:30)(4)

5&6 LF Recover(facing 12:00)(5), RF 1/4 Turn L Rock Backwards(9:00)(&), LF Step Backwards(6)

7&8& RF Recover(7), LF 1/2 Turn R Step Backwards(3:00)(&), RF Step 1/4 Turn R(6:00)(8), LF Together(&)
