

Yonggan Ai Xiaosa Zou (勇敢愛瀟灑走)

拍数: 32 墙数: 4 级数: Improver
编舞者: Nina Chen (TW) - April 2021
音乐: Yong Gan Ai Xiao Sha Zou (勇敢愛瀟灑走) (DJ何鵬版) - Zhang Dongling (張冬玲)



Intro: 32 counts

Sec1: 1/4 R CROSS - 1/4 L FORWARD (x2), FORWARD SHUFFLE, FORWARD ROCK - RECOVER

1-4 1/4 Turn R (3:00) Cross Rf Over Lf (Bent knee) - 1/4 Turn L (12:00) Step Lf Forward - 1/4 Turn R (3:00) Cross Rf Over Lf (Bent knee) - 1/4 Turn L (12:00) Step Lf Forward
5&6, 7-8 Forward Shuffle (R L R), Rock Lf Forward - Recover On Rf

Sec2: FORWARD SHUFFLE 1/2 L, BACK SHUFFLE 1/2 L, BACK - BACK, COASTER

1&2, 3&4 Forward Shuffle (L R L) 1/2 Turn L (6:00), Back Shuffle (R L R) 1/2 Turn L (12:00)
5-6, 7&8 Step Lf Back - Step Rf Back, Step Lf Back - Step Rf Beside Lf - Step Lf Forward

Sec3: DOUBLE HIPS BUMP, BEHIND - 1/4 L FWD - FWD, DOUBLE HEEL, COASTER

1&2, 3&4 Step Rf To R With Double Hips Bump, Step Rf Behind Lf - 1/4 Turn L (9:00) Step LF Forward - Step Rf Forward
5&6, 7&8 Touch Lf Heel Forward - Hitch Lf - Touch Lf Heel Forward, Step Lf Back - Step Rf Beside Lf - Step Lf Forward

Sec4: HEEL GRIND 1/4 R, Monterey 1/4 R

1-4 Touch Rf Heel Forward - Swivel Rf Heel 1/4 Turn R (12:00) Step Lf back - Rock Rf Back - Recover On Lf
5-8 Touch Rf To R - On Ball Of Lf 1/4 turn R (3:00) Step Rf Beside Lf - Touch Lf To L - Step Lf Beside Rf

Tag1: (4 counts) After Wall 2 (6:00) Wall 7 (9:00)

V STEP

1-4 Step Rf To R Diagonal Forward - Step Lf To L Diagonal Forward - Step Rf Back To Center - Step Lf Beside Rf

Tag2: (8 counts) After Wall 11 (9:00)

HEEL GRIND 1/4 R, Monterey 1/2 R

1-4 Touch Rf Heel Forward - Swivel Rf Heel 1/4 Turn R (12:00) Step Lf back - Rock Rf Back - Recover On Lf
5-8 Touch Rf To R - On Ball Of Lf 1/2 turn R (6:00) Step Rf Beside Lf - Touch Lf To L - Step Lf Beside Rf

Have Fun & Happy Dancing !!!

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